# Improving the Generalizability of Text-Based Emotion Detection by Leveraging Transformers with Psycholinguistic Features

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### Abstract

In recent years, there has been increased interest in building predictive models that harness natural language processing and machine learning techniques to detect emotions from various text sources, including social media posts, micro-blogs or news articles. Yet, deployment of such models in real-world sentiment and emotion applications faces challenges, in particular poor out-of-domain generalizability. This is likely due to domainspecific differences (e.g., topics, communicative goals, and annotation schemes) that make transfer between different models of emotion recognition difficult. In this work we propose approaches for text-based emotion detection that leverage transformer models (BERT and RoBERTa) in combination with Bidirectional Long Short-Term Memory (BiLSTM) networks trained on a comprehensive set of psycholinguistic features. First, we evaluate the performance of our models within-domain on two benchmark datasets: GoEmotion (Demszky et al., 2020) and ISEAR (Scherer and Wallbott, 1994). Second, we conduct transfer learning experiments on six datasets from the Unified Emotion Dataset (Bostan and Klinger, 2018) to evaluate their out-of-domain robustness. We find that the proposed hybrid models improve the ability to generalize to out-of-distribution data compared to a standard transformer-based approach. Moreover, we observe that these models perform competitively on in-domain data.

# 1 Introduction

Emotions are a key factor affecting all human behavior, which includes rational tasks such as reasoning, decision making, and social interaction (Parrott, 2001; Loewenstein and Lerner, 2003; Lerner et al., 2015; Bericat, 2016). Although emotions seem to be subjective by nature, they appear in **Daniel Wiechmann** 

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objectively derivable ways in texts. Text-based emotion detection (henceforth TBED) is a branch of sentiment analysis that aims to extract textual features to identify associations with various emotions such as anger, fear, joy, sadness, surprise, etc. TBED is a rapidly developing interdisciplinary field that brings together insights from cognitive psychology, social sciences, computational linguistics, natural language processing (NLP) and machine learning (Canales and Martínez-Barco, 2014; Acheampong et al., 2020a; Alswaidan and Menai, 2020; Deng and Ren, 2021). TBED has a wide range of real-world applications, from healthcare (Cambria et al., 2010a), recommendation systems (Majumder et al., 2019), empathic chatbot development (Casas et al., 2021), offensive language detection (Plaza-del Arco et al., 2021), social data analysis for business intelligence (Cambria et al., 2013; Soussan and Trovati, 2020), and stock market prediction (Xing et al., 2018).

The differentiation of emotions and their classification into specific groups and categories is a subfield of affective research and has yielded several theories and models (Borod et al., 2000; Scherer et al., 2000; Cambria et al., 2012; Sander and Nummenmaa, 2021; Susanto et al., 2020). The grouping of models for the classification of emotions generally differs according to whether emotions are conceived as discrete/categorical or as dimensional. Categorical models of emotions, like Ekman's six basic emotions (anger, disgust, fear, joy, sadness, and surprise) (Ekman, 1992, 1999), assume physiologically distinct basic human emotions. Plutchik's Wheel of Emotion (Plutchik, 1984) is another categorical model that assumes a set of eight discrete emotions expressed in four opposing pairs (joy-sadness, anger-fear, trust-disgust, and anticipation-surprise). Dimensional emotion models, like the Circumplex Model of Russell (1980), groups affective states into a vector space of valence (corresponding to sentiment/polarity), arousal (corresponding to a degree of calmness or excitement), and dominance (perceived degree of control over a given situation).

Current approaches to TBED take the advantage of recent advances in NLP and machine learning, with deep learning techniques achieving state-of-the-art performance on benchmark emotion datasets (see Acheampong et al. 2020a for recent reviews). However there still remains the issue of out-of-domain generalizability of the existing emotion detection models. The way emotions are conveyed in texts may differ from domain to domain, reflecting differences in topics, communicative goals, target audience, etc. This makes the deployment of such models in real-world sentiment and emotion applications difficult. The importance of this issue has been increasingly recognized in the TBED literature. For example, Bostan and Klinger (2018) emphasize that "[j]ournalists ideally tend to be objective when writing articles, authors of microblog posts need to focus on brevity", and that "emotion expressions in tales are more subtle and implicit than, for instance, in blogs". To support future transfer learning and domain adaptation work for TBED, the authors constructed a unified, aggregated emotion detection dataset that encompasses different domains and annotation schemes.

In this work, we contribute to the improvement of the generalizability of emotion detection models as follows: We build hybrid models that combine pre-trained transformer language models with Bidirectional Long Short-Term Memory (BiLSTM) networks trained, to our knowledge, on the most comprehensive set of psycholinguistic features. We evaluate the performance of the proposed models in two ways: First, we conduct within-corpus emotion classification experiments (training on one corpus and testing on the same) on two emotion benchmark datasets, GoEmotion (Demszky et al., 2020) and ISEAR (Scherer and Wallbott, 1994), to show that such hybrid models outperform pretrained transformer models. Second, we conduct transfer learning experiments on six popular emotion classification datasets of the Unified Emotion Dataset (Bostan and Klinger, 2018) to show that our approach improves the generalizability of emotion classification across domains and emotion taxonomies. The remainder of the paper is organized as follows: In Section 2, we briefly review recent related work on TBED. Then, in Section 3, we present popular benchmark datasets for emotion

detection. Section 4 details the extraction of psycholinguistic features using automated text analysis based on a sliding window approach. In Section 5, we describe our emotion detection models, and in Section 6, we present our experiments and discuss the results. Finally, we conclude with possible directions for future work in Section 7.

# 2 Related Work

In this section, we focus on previous TBED research conducted on two popular benchmark datasets (GoEmotions, ISEAR) to compare the performance of our models with state-of-the-art emotion recognition models, as well as previous attempts to improve generalizability using transfer learning techniques.

Current work on TBED typically utilizes a variety of linguistic features, such as word or character n-grams, affect lexicons, and word embeddings in combination with a supervised classification model (for recent overviews see, Sailunaz et al., 2018; Acheampong et al., 2020b; Alswaidan and Menai, 2020). While earlier approaches relied on shallow classifiers, such as a naive Bayes, SVM or MaxEnt classifier, later approaches increasingly relied on deep learning models in combination with different word embedding methods. For example, Polignano et al. (2019) proposed an emotion detection model based on the use of long short-term memory (LSTM) and convolutional neural network (CNN) mediated through the use of a level of attention in combination with different word embeddings (GloVe, Pennington et al. 2014, and Fast-Text, Bojanowski et al. 2017).

In experiments performed on the ISEAR dataset, Dong and Zeng (2022) proposed a text emotion distribution learning model based on a lexiconenhanced multi-task convolutional neural network (LMT-CNN) to jointly solve the tasks of text emotion distribution prediction and emotion label classification. The LMT-CNN model is an end-to-end multi-module deep neural network that utilizes semantic information and linguistic knowledge to predict emotion distributions and labels. Based on comparative experiments on nine commonly used emotion datasets, Dong and Zeng (2022) showed that the LMT-CNN model can outperform two previously introduced deep-neural-network-based models: TextCNN, a convolutional neural network for text emotion classification (Kim, 2014) and MT-CNN (Zhang et al., 2018), a multi-task convolutional neural network model that simultaneously predicts the distribution of text emotion and the dominant emotion of the text (see Table 1 for numerical details on the performance of these models on the datasets used in the present work). In recent years, TBED research has increasingly relied on transformer-based pre-trained language models (Acheampong et al., 2020a; Demszky et al., 2020; ?): For example, Acheampong et al. (2020a) perform comparative analyses of BERT (Devlin et al., 2019), RoBERTA (Liu et al., 2019), DistilBERT (Sanh et al., 2019), and XLNet (Yang et al., 2019) for text-based emotion recognition on the ISEAR dataset. While all models were found to be efficient in detecting emotions from text, RoBERTa achieved the highest performance with a detection accuracy of 74.31%. The currently best-performing model on the ISEAR dataset, reaching a microaverage F1 score of 75.2%, is Park et al. (2021). In this work a RoBERTa-Large model was finetuned to learn conditional VAD distributions - obtained from the NRC-VAD lexicon (Mohammad, 2018) - through supervision of categorical labels. The learned VAD distributions were then used to predict the emotion labels for a given sentence.

For the recently introduced GoEmotions dataset, Demszky et al. (2020) already provided a strong baseline for modeling emotion classification by fine-tuning a BERT-base model. Their model achieved an average F1-score of 64% over an Ekman-style grouping into six coarse categories. conducted comparative experiments with additional transformer-based models – BERT, Distil-BERT, RoBERTa, XLNet, and ELECTRA (Clark et al., 2020) – on the GoEmotions dataset. As in the case of ISEAR, the best performance was achieved by RoBERTa, with an F1-score of 49% on the full GoEmotions taxonomy (28 emotion categories).

Previous TBED work has also proposed combinations of different approaches. For example, Seol et al. (2008) proposed a hybrid model that combines emotion keywords in a sentence using an emotional keyword dictionary with a knowledgebased artificial neural network that uses domain knowledge. To our knowledge, however, almost no TBED research has investigated hybrid models that combine transformer-based models with (psycho)linguistic features (see, however, De Bruyne et al. 2021, for an exception in Dutch). This is surprising, as such an approach has been successfully applied in related areas, for example personality prediction (Mehta et al., 2020; Kerz et al., 2022).

The available research aimed at improving the generalizability of transformer-based models using transfer learning techniques has so far focused on demonstrating that training on a large dataset of one domain, say Reddit comments, can contribute to increasing model accuracy for different target domains, such as tweets and personal narratives. Specifically, using three different finetuning setups -(1) finetuning BERT only on the target dataset, (2) first finetuning BERT on GoEmotions, then perform transfer learning by replacing the final dense layer, and (3) freezing all layers besides the last layer and finetuning on the target dataset -, Demszky et al. (2020) showed that the GoEmotions dataset generalizes well to other domains and different emotion taxonomies in nine datasets from the Unified Emotion Dataset (Bostan and Klinger, 2018).

#### **3** Datasets

We conduct experiments on a total of eight datasets. The within-domain experiments are performed on two benchmark corpora: The GoEmotions dataset (Demszky et al., 2020) and the International Survey on Emotion Antecedents and Reactions (ISEAR) dataset (Scherer and Wallbott, 1994). GoEmotions is the largest available manually annotated dataset for emotion prediction. It consists of 58 thousand Reddit comments, labeled by 80 human raters for 27 emotion categories plus a neutral category. While 83% of the items of the dataset have received a single label, GoEmotions is strictly speaking a multilabel dataset, as raters were free to select multiple emotions. The dataset has been manually reviewed to remove profanity and offensive language towards a particular ethnicity, gender, sexual orientation, or disability. The ISEAR dataset is a widely used benchmark dataset consisting of personal reports on emotional events written by 3000 people from different cultural backgrounds. It was constructed by collecting questionnaires answered by people that reported on their own emotional events. It contains a total of 7,665 sentences labeled with one of seven emotions: joy, fear, anger, sadness, shame, guilt and disgust. The transfer-learning experiments are conducted on six benchmark datasets from Unified Emotion Dataset (Bostan and Klinger, 2018) that were chosen based on their diversity in size and domain: (1) The AffectiveText dataset (Strapparava and Mihalcea, 2007) consists of 1,250

news headlines. The annotation schema follows Ekman's basic emotions, complemented by valence. It is multi-label annotated via expert annotation and emotion categories are assigned a score from 0 to 100. (2) The CrowdFlower dataset consists of 39,740 tweets annotated via crowdsourcing with one label per tweet. The dataset was previously found to be noisy in comparison with other emotion datasets (Bostan and Klinger, 2018). (3) The dataset Electoral-Tweets (Mohammad et al., 2015) targets the domain of elections. It consists of over 100,000 responses to two detailed online questionnaires (the questions targeted emotions, purpose, and style in electoral tweets). The tweets are annotated via crowdsourcing. (4) The Stance Sentiment Emotion Corpus SSEC (Schuff et al., 2017) is an annotation of 4,868 tweets from the SemEval 2016 Twitter stance and sentiment dataset. It is annotated via expert annotation with multiple emotion labels per tweet following Plutchik's fundamental emotions. (5) The Twitter Emotion Corpus TEC (Mohammad, 2012) consists of 21,011 tweets. The annotation schema corresponds to Ekman's model of basic emotions. They collected tweets with hashtags corresponding to the six Ekman emotions: #anger, #disgust, #fear, #happy, #sadness, and #surprise, therefore it is distantly single-label annotated. (6) The Emotion-Stimulus dataset (Ghazi et al., 2015) has 1,549 sentences with their emotion analysed. The set of annotation labels comprises of Ekman's basic emotions with the addition of shame. (7) The ISEAR<sub>UED</sub> dataset that is part of the Unified Emotion Dataset has 5,477 sentences with single emotion annotations. This dataset is a filtered version of the original ISEAR dataset described above. Bostan and Klinger (2018) filter and keep the texts with the labels anger, disgust, joy, sadness and fear for the Unified Emotion Dataset.

# 4 Sentence-level measurement of psycholinguistic features

The datasets were automatically analyzed using an automated text analysis (ATA) system that employs a sliding window technique to compute sentencelevel measurements (for recent applications of this tool across various domains, see Qiao et al. (2020) for fake news detection, Kerz et al. (2021) for predicting human affective ratings) and Wiechmann et al. (2022) for predicting eye-moving patterns during reading). We extracted a set of 435 psycholinguistic features that can be binned into four groups: (1) features of morpho-syntactic complexity (N=19), (2) features of lexical richness, diversity and sophistication (N=77), (3) readability features (N=14), and (4) lexicon features designed to detect sentiment, emotion and/or affect (N=325). Tokenization, sentence splitting, part-of-speech tagging, lemmatization and syntactic PCFG parsing were performed using Stanford CoreNLP (Manning et al., 2014).

The group of morpho-syntactic complexity features includes (i) surface features related to the length of production units, such as the average length of clauses and sentences, (ii) features of the type and frequency of embeddings, such as number of dependent clauses per T-Unit or verb phrases per sentence and (iii) the frequency of particular structure types, such as the number of complex nominals per clause. This group also includes (iv) information-theoretic features of morphological and syntactic complexity based on the Deflate algorithm (Deutsch, 1996). The group of lexical richness, diversity and sophistication features includes six different subtypes: (i) lexical density features, such as the ratio of the number of lexical (as opposed to grammatical) words to the total number of words in a text, (ii) lexical variation, i.e. the range of vocabulary as manifested in language use, captured by text-size corrected type-token ratio, (iii) lexical sophistication, i.e. the proportion of relatively unusual or advanced words in a text, such as the number of words from the New General Service List (Browne et al., 2013), (iv) psycholinguistic norms of words, such as the average age of acquisition of the word (Kuperman et al., 2012) and two recently introduced types of features: (v) word prevalence features that capture the number of people who know the word (Brysbaert et al., 2019; Johns et al., 2020) and (vi) register-based n-gram frequency features that take into account both frequency rank and the number of word ngrams ( $n \in [1, 5]$ ). The latter were derived from the five register subcomponents of the Contemporary Corpus of American English (COCA, 560 million words, Davies, 2008): spoken, magazine, fiction, news and academic language (see Kerz et al., 2020, for details see e.g.). The group of readability features combines a word familiarity variable defined by a prespecified vocabulary resource to estimate semantic difficulty along with a syntactic variable, such as average sentence length. Examples of these measures include the Fry index (Fry, 1968) or the

SMOG (McLaughlin, 1969). The group of lexiconbased sentiment/emotion/affect features was derived from a total of ten lexicons that have been successfully used in personality detection, emotion recognition and sentiment analysis research: (1) The Affective Norms for English Words (ANEW) (Bradley and Lang, 1999), (2) the ANEW-Emo lexicons (Stevenson et al., 2007), (3) DepecheMood++ (Araque et al., 2019), (4) the Geneva Affect Label Coder (GALC) (Scherer, 2005), (5) General Inquirer (Stone et al., 1966), (6) the LIWC dictionary (Pennebaker et al., 2001), (7) the NRC Word-Emotion Association Lexicon (Mohammad and Turney, 2013), (8) the NRC Valence, Arousal, and Dominance lexicon (Mohammad, 2018), (9) SenticNet (Cambria et al., 2010b), and (10) the Sentiment140 lexicon (Mohammad et al., 2013).

## 5 Modeling Approach

We construct a total of five models: (1) a fine-tuned Bidirectional Encoder Representations from Transformers (BERT) model, (2) a fine-tuned RoBERTA model (Robustly Optimized BERT pre-training Approach), (3) a bidirectional neural network classifiers trained on sentence-level measurements of psycholinguistic features described in Section 3.1, and (4) and (5) two hybrid models integrating BERT and RoBERTa predictions with the psycholinguistic features. We train all models in a multi-label classification setup. For the withindomain evaluation of the models on the GoEmotions dataset, we follow the procedure specified in Demszky et al. (2020): That is, we filtered out emotion labels selected by only a single annotator. The 93% of the original were randomly split into train (80%), dev (10%) and test (10%) sets. These splits are identical to those used by Demszky et al.. In the transfer learning setting geared to show that our modeling approach improves generalization across domains and taxonomies, we perform experiments on each of the six emotion benchmark datasets presented in section 3 using four approaches: with/without finetuning on target dataset and with/without the inclusion of the label 'neutral'. The performance of these models is evaluated using 5 times repeated 5-fold crossvalidation using a 80/20 split to counter variability due to weight initialization. We report performance metrics averaged over all runs. All models are implemented using PyTorch (Paszke et al., 2019). Unless specifically stated otherwise, we use 'BCELoss' as our



Figure 1: Structure diagram of transformer-based emotion detection models

loss function, 'AdamW' as optimizer, with learning rate  $2\times 10^{-5}$  and weight decay of  $1\times 10^{-5}$ 

# 5.1 Transformer-based models (BERT, RoBERTa)

We used the pretrained 'bert-base-uncased' and 'roberta-base' models from the Huggingface Transformers library (Wolf et al., 2020). The models consist of 12 Transformer layers with hidden size 768 and 12 attention heads. We run experiments with (1) a linear fully-connected layer for classification as well as with (2) an intermediate bidirectional LSTM layer with 256 hidden units (Al-Omari et al., 2020) (BERT-BiLSTM). The following hyperparameters are used for fine-tuning: a fixed learning rate of  $2 \times 10^{-5}$  is applied and L2 regularization of  $1 \times 10^{-6}$ . All models were trained for 8 epochs, with batch size of 4 and maximum sequence length of 512 and dropout of 0.2. We report the results from the best performing models, i.e. RoBERTa-BiLSTM and BERT-BiLSTM.

# 5.2 Bidirectional LSTM trained on psycholinguistic features (PsyLing)

As a model based solely on psycholinguistic features, we constructed a 2-layer bidirectional long short-term model (BiLSTM) with a hidden state dimension of 32, which is depicted in Figure 2. The input to the model is a sequence  $CM_1^N = (CM_1, CM_2, ..., CM_N)$ , where  $CM_i$ , the output of the ATA-system, for the *i*th sentence of a document, is a 435 dimensional vector and N is the sequence length. To predict the labels of a sequence, we concatenate the last hidden states of the last layer in forward  $(\overrightarrow{h_n})$  and backward directions  $(\overrightarrow{h_n})$ . The resulting vector  $h_n = [\overrightarrow{h_n} | \overrightarrow{h_n}]$  is



Figure 2: Structure diagram of BiLSTM emotion detection model trained on psycholinguistic features

then transformed through a 2-layer feedforward neural network, whose activation function is Rectifier Linear Unit (ReLU). The output of this is then passed to a Dense Fully Connected Layer with a dropout of 0.2, and finally fed to a final fully connected layer. The output of this is a K dimensional vector, where K is the number of emotion labels.

# 5.3 Hybrid models (BERT+PsyLing, RoBERTa+PsyLing)

We assemble the hybrid models by (1) obtaining a set of 256 dimensional vector from the PsyLing model and then (2) concatenating these features along with the output from the pre-trained transformer-based model part. To obtain the output of the pre-trained transformer-based model, the given text is fed to a pre-trained language model, its outputs are passed through a 2-layer BiLSTM with hidden size of 512. This is further passed through a fully connected layer to obtain a 256 dimensional vector. This concatenated vector is then fed into a 2-layer feedforward classifier. To obtain the soft labels (probabilities that a text belongs to the corresponding emotion label), sigmoid was applied to each dimension of the output vector.

### 6 Results

The models were evaluated using accuracy, precision, recall and F1 scores as the performance metrics. The results of the within-domain classification experiments on the GoEmotion and ISEAR datasets are shown in Table 1 (detailed results on all metrics are provided in see Table 4 in the appendix). We focus here on the discussion of F1 scores. For both datasets and for both transformer-based models, we find that the proposed hybrid models out-



Figure 3: Structure diagram of hybrid emotion detection models

perform the standard transformer-based baseline models: Specifically, in the case of the GoEmotions dataset, the hybrid models (BERT+PsyLing, RoBERTa+PsyLing) exhibit an increase in F1 score of +2% relative to their respective baseline models. In the case of the ISEAR dataset, the RoBERTa+PsyLing model show an increase in F1 score of +2% relative to RoBERTa, while the BERT+PsyLing model show an increase in F1 score of +1% relative to BERT. Our hybrid models show improvements in all emotion categories, except for anger, where they are on par with their respective baseline models. These results indicate that integrating transformer-based models with BiLSTM trained on psycholinguistic features can improve emotion classification within two distinct domains: an online domain (Reddit) as well as the domain of reports of personal events. On the GoEmotion dataset, our best-performing hybrid model, RoBERTa+PsyLing, outperforms the previous SOTA model Roberta-EMD (Park et al., 2021) by +9.9% macro-F1. On the ISEAR dataset, both hybrid models outperform two of the three CNNs presented in Dong and Zeng (2022), TextCNN and MT-CNN, and are competitive with the lexiconenhanced multi-task CNN (LMT-CNN). In fact, both hybrid models outperform the LMT-CNN on two of the five emotion categories, with an increase on the joy category of +10.31% F1 (LMT-CNN vs. BERT-PsyLing) and an increase on the fear category of +4.05% F1 (LMT-CNN vs. BERT-PsyLing). The results of the comparisons with previous deep-learning TBED models on the two benchmark datasets thus indicate that the proposed approach constitutes a valuable framework for future TBED efforts.

An overview of the results of the out-of-domain experiments is presented in Table 2. Table 3 shows

	GoEmotion Dataset							
Model	Anger	Disgust	Sadness	Surprise	Fear	Joy	Average	
RoBERTa-EMD (Park et al., 2021)	_	_	_	_	_	_	61.1	
BERT	70	48	64	72	72	90	68	
RoBERTa	70	49	63	69	71	90	69	
PsyLing	50	24	40	40	34	80	45	
BERT+PsyLing (ours)	71	49	65	72	72	91	70	
<b>RoBERTa+PsyLing</b> (ours)	70	50	65	74	73	92	71	
	ISEAR Dataset							
TextCNN (Dong and Zeng, 2022)	62.14	65.22	76.39	_	72.09	73.97	69.96	
MT-CNN (Dong and Zeng, 2022)	65.68	67.63	77	_	74.25	72.09	71.33	
LMT-CNN (Dong and Zeng, 2022)	66.54	70.64	80.68	_	74.95	74.69	73.5	
RoBERTa-EMD (Park et al., 2021)	_	_	-	-	-	-	75.2	
BERT	56	65	71	-	77	84	71	
RoBERTa	60	69	71	-	72	84	71	
PsyLing	38	36	48	-	48	57	45	
BERT+PsyLing (ours)	58	70	70	-	78	85	72	
<b>RoBERTa+PsyLing</b> (ours)	64	69	73	-	<b>79</b>	79	73	

Table 1: Results on the two benchmark datasets (GoEmotion (top), ISEAR (bottom)). All scores represent macro-averages of F1 scores(in %).

	Model	TEC	Crowdfl.	<b>ISEAR</b> <sub>UED</sub>	elect-tweet	affect-text	SSEC	emo-stimulus
Train GoEmo	BERT	29	23	44	26	36	19	53
w/o finetuning	RoBERTa	31	23	44	29	39	21	56
w/o neutral	PsyLing	22	18	25	16	23	11	38
	BERT+PsyLing	31	23	44	27	36	21	56
	RoBERTa+PsyLing	29	23	47	27	40	22	61
w/o finetuning	BERT	20	26	35	23	13	16	41
with neutral	RoBERTa	22	27	34	25	14	18	47
	PsyLing	16	20	17	13	10	08	23
	BERT+PsyLing	21	27	35	24	15	17	45
	RoBERTa+PsyLing	23	28	36	25	16	17	<b>49</b>
with finetuning	BERT	55	31	63	36	54	32	92
w/o neutral	RoBERTa	56	30	65	34	53	32	94
	PsyLing	34	23	41	32	36	24	46
	BERT+PsyLing	55	32	65	39	57	32	94
	RoBERTa+PsyLing	56	31	65	41	57	32	94
with finetuning	BERT	46	33	55	33	44	29	96
with neutral	RoBERTa	44	34	56	30	46	30	95
	PsyLing	24	24	35	28	29	30	53
	BERT+PsyLing	47	34	55	34	<b>48</b>	31	97
	RoBERTa+PsyLing	46	34	56	34	47	33	96

Table 2: Results on transfer learning experiments. Values are macro-averaged F1 scores (in %).

Detect	DEDT	RoBERTa	Douling	BERT +	RoBERTa +	Bostan and Klinger,	
Dataset	DERI		FSyLing	PsyLing	PsyLing	2018	
TEC	63	64	45	67	64	48	
CrowdFlower	46	47	41	47	47	24	
<b>ISEAR</b> <sub>UED</sub>	76	78	49	78	78	52	
elect-tweet	62	62	58	62	62	31	
affect-text	63	63	48	67	67	64	
SSEC	58	60	45	58	60	67	
emo-stimulus	94	96	55	97	97	97	

Table 3: Comparison of performance with Bostan and Klinger (2018). Values are micro-averaged F1 scores (in %).

comparisons of the results of our best performing model, RoBERTa+PsyLing, in the finetuning setting without the neutral label with the results of maximum entropy classifiers trained on with bag-of-words (BOW) features from Bostan and Klinger (2018). The results in Table 2 reveal that the RoBERTa+PsyLing hybrid model was the best performing model across all four experimental settings. Performance was generally observed to be highest in the finetuning setting without the neutral label. Importantly, the results in Table 2 reveal that the integration of psycholinguistic features matched or improved the performance of the models across all settings, with increases in F1 scores of up to 7% relative to a standard transformer-based approach. The results in Table 3 indicate that our hybrid models pretrained on GoEmotions outperform the results of the baseline models provided by Bostan and Klinger (2018) on five of the seven emotion datasets (TEC, CrowdFLower, ISEAR<sub>UED</sub>, elect-tweet, and affect text), with increases in performance of up to 31%. The hybrid models tied the near-perfect performance of the baseline model on the emo-stimulus dataset and fell short only on the SSEC dataset. A possible reason for the relatively low performance of our models on the latter may be due to the fact that the SSEC was rated based on Plutchik's fundamental emotions.

## 7 Conclusion

This paper proposed approaches for text-based emotion detection that leverage transformer models in combination with Bidirectional Long Short-Term Memory networks trained on a comprehensive set of psycholinguistic features. The results of transfer learning experiments performed on six outof-domain emotion datasets demonstrated that the proposed hybrid models can substantially improve model generalizability to out-of-distribution data compared to a standard transformer-based model. Moreover, we found that these models perform competitively on in-domain data. In future work, we intend to extend this line of work to dimensional emotion models as well as to models that jointly solve the tasks of emotion label classification and text emotion distribution prediction.

## **Ethical Considerations**

The datasets used in this study may contain biases, are not representative of global diversity and may contain potentially problematic content. Potential biases in the data include: Inherent biases in user base biases, the offensive/vulgar word lists used for data filtering, inherent or unconscious bias in assessment of offensive identity labels. All these likely affect labeling, precision, and recall for a trained model.

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# A Appendix

	GoEmotion Dataset							
Model	Metric	Anger	Disgust	Sadness	Surprise	Fear	Joy	Average
RoBERTa-EMD (Park et al 2021)	F1	-	_	_	_	_	_	61.1
	Pre	69	38	53	68	68	88	64
BERT	Rec	71	65	80	77	76	91	77
	F1	70	48	64	72	72	90	68
	Pre	70	62	79	78	71	88	75
RoBERTa	Rec	71	41	53	62	70	93	65
	F1	70	49	63	69	71	90	69
	Pre	48	28	47	43	42	80	48
PsyLing	Rec	53	22	34	38	29	80	43
	F1	50	24	40	40	34	80	45
	Pre	69	65	68	73	81	90	74
BERT+PsyLing (ours)	Rec	71	40	63	69	56	90	65
	F1	71	49	65	72	72	91	70
	Pre	69	65	68	73	81	90	74
<b>RoBERTa+PsyLing</b> (ours)	Rec	71	40	63	69	56	90	65
	F1	70	50	65	74	73	92	71
		1		ISEAR	Dataset			I
	Pre	61.36	63.5	76.64	_	70.67	79.3	70.29
TextCNN (Dong & Zeng 2022)	Rec	70.84	64.24	74.21	_	71.66	64.59	69.11
	F1	62.14	65.22	76.39	_	72.09	73.97	69.96
	Pre	61.31	64.68	80.27	_	72.16	81.13	71.91
MT-CNN (Dong & Zeng 2022)	Rec	71.62	64.46	77.37	_	73.66	69.36	71.29
	F1	65.68	67.63	77	_	74.25	72.09	71.33
	Pre	62.28	66	82.07	_	72.5	82.15	73
LMT-CNN (Dong & Zeng 2022)	Rec	72.38	65.1	79.34	_	74.4	71.64	72.57
	F1	66.54	70.64	80.68	_	74.95	74.69	73.5
RoBERTa-EMD (Park et al 2021)	F1	_	_	_	_	_	_	75.2
	Pre	51	74	74	_	83	84	73
BERT	Rec	63	60	69	_	74	86	70
	F1	56	65	71	-	77	84	71
	Pre	58	68	77	_	93	86	77
RoBERTa	Rec	61	66	64	_	62	77	66
10DDiriu	F1	60	69	71	-	72	84	71
	Pre	26	35	37	_	46	62	41
PsyLing	Rec	62	34	63	-	48	53	41
	F1	38	36	48	-	48	57	45
	Pre	55	73	72	_	80	84	73
BERT+PsyLing (ours)	Rec	62	68	68	_	77	86	72
( <b>ou</b> o)	F1	58	70	70	_	78	85	72
	Pre	66	72	79	-	80	80	75
RoBERTa+PsyLing (ours)	Rec	66	66	68	-	77	77	71
(vuis)	F1	64	69	73	-	79	79	73
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Table 4: Detailed Results on the two benchmark datasets (GoEmotion (top), ISEAR (bottom))