## DeakinNLP at BioLaySumm: Evaluating Fine-tuning Longformer and GPT-4 Prompting for Biomedical Lay Summarization

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#### Abstract

This paper presents our approaches for the Bio-LaySumm 2024 Shared Task. We evaluate two methods for generating lay summaries based on biomedical articles: (1) fine-tuning the Longformer-Encoder-Decoder (LED) model, and (2) zero-shot and few-shot prompting on GPT-4. In the fine-tuning approach, we individually fine-tune the LED model using two datasets: PLOS and eLife. This process is conducted under two different settings: one utilizing 50% of the training dataset, and the other utilizing the entire 100% of the training dataset. We compare the results of both methods with GPT-4 in zero-shot and few-shot prompting. The experiment results demonstrate that finetuning with 100% of the training data achieves better performance than prompting with GPT-4. However, under data scarcity circumstances, prompting GPT-4 seems to be a better solution.

### 1 Introduction

The task of summarization has witnessed the development based on pre-trained language models. More recently, the superiority of large language models (LLMs) has been demonstrated on a wide range of natural language processing (NLP) tasks (Minaee et al., 2024; Zhao et al., 2023). In the BioLaySumm 2024 shared task (Goldsack et al., 2024), the competition focuses on generating summaries for biomedical research articles that are easily understandable by the general public. These summaries are usually known as "lay summaries".

Recently, the study of the summarization task using generative models has increased for both general domains (Koh et al., 2022b; Zhao et al., 2020) and biomedical text (Liu et al., 2023a). Additionally, according to Goldsack et al. (2022), each article generally has more than 10,000 words. Many pre-trained language models have been developed to handle such long text (Koh et al., 2022a). In this paper, we implement the Longformer-EncoderDecoder (LED) (Beltagy et al., 2020) as an approach for Biolaysumm shared task, as its performance has been demonstrated in (Liu et al., 2023b; Wu et al., 2023).

In this paper, we present a comparison between the performance of the fine-tuned LED model on 50% and 100% of the training set. Additionally, we evaluate GPT-4 (OpenAI et al., 2024) on zeroshot and few-shot prompting for this Shared Task. Our aim is to investigate how a fine-tuned model and a large language model such as GPT-4 perform in lay summarization biomedical text. This study focuses on three aspects: performance, training time, and computational cost. Our contributions are as follows.

- We fine-tune LED model on different amount of data to evaluate how it affects the performance of the LED model in biomedical lay summarization task.
- Secondly, we evaluate GPT-4 on zero-shot and few-shot prompting to investigate how the incontext learning capability of this model. Our results show that, in the eLife dataset, the GPT-4 few-shot prompting method outperforms the fine-tuned LED model.

In the following sections, we briefly analyze the datasets, describe our methods in detail, showcase the experiment settings, and present our results, findings, and conclusion.

#### 2 Datasets

The task is evaluated on two datasets: PLOS and eLife (Goldsack et al., 2022). Both datasets contain biomedical articles and a lay summary manually written for each article. To first understand the evaluation datasets, we proceed tokenizing the input and the output text on two datasets using tokenizer from LED model (Beltagy et al., 2020). We sum-

Dataset	Art	icle(#Tok	Summ.(#Tokens)		
	Train	Val	Test	Train	Val
PLOS	9,851	9,924	9,978	263	279
eLife	12,321	12,753	11,967	435	445

marize the statistics of the PLOS and eLife dataset in Table 1.

Table 1: The mean number of tokens of input and output text in PLOS and eLife datasets. **Summ.** is the abbreviation for lay summary.

According to (Goldsack et al., 2024) and Table 1, while PLOS has more instances of biomedical papers than the eLife dataset, and the length of both input and output text in eLife is longer than PLOS. We also notice that the maximum number of tokens for input text is 28,561 for PLOS and 34,612 tokens in eLife.

#### **3** Evaluation Metrics

In this shared task, the generated summaries are evaluated on three aspects and ten metrics accordingly:

- **Relevance**: ROUGE-1 (R-1), ROUGE-2 (R-2) and ROUGE-L (R-L) (Lin, 2004) and BERTScore (Zhang et al., 2020).
- **Readability**: Flesch-Kincaid Grade Level (FKGL) (Kincaid et al., 1975) and Dale-Chall Readability Score (DCRS) (Chall and Dale, 1995), Coleman-Liau Index (CLI), and LENS (Maddela et al., 2023).
- Factuality AlignScore (Zha et al., 2023), and SummaC (Laban et al., 2022).

The objective of the evaluation is to maximize the Relevance, Factuality and LENS in Readability scores and minimize FKGL, DCRS, and CLI scores.

#### 4 Preliminary Study

Due to the fact that each instance in both datasets is lengthy and may contain a large amount of irrelevant information to generate lay summaries, we perform a heuristic evaluation on the validation sets. We are aware that each article has at least an abstract and a conclusion paragraph. We evaluated the abstract, the conclusion part and other parts of each article with the lay summaries on the **Relevance** aspect. Table 2 shows that in both cases,

Datasets	Section	R-1	R-2	R-L	BertScore
	Abs.	0.502	0.199	0.466	0.871
PLOS	Con.	0.154	0.039	0.146	0.803
	Others	0.084	0.041	0.081	0.832
	Abs.	0.319	0.071	0.293	0.839
eLife	Con.	0.162	0.026	0.156	0.782
	Others	0.097	0.033	0.095	0.820

Table 2: Analysis on Relevance aspect of the abstract, conclusion and the rest of the content with the lay summaries.

the abstracts written by the author of each article contain the most similar information. These abstracts are likely to be used as the base knowledge when creating the lay summaries. Additionally, the conclusion parts also achieve competitive scores, which indicates that they have potential to be used as sources to generate lay summaries.

#### **5** Experiments

Based on the results of our preliminary study, we first extract the abstract and conclusion paragraph from the original articles. We then perform the fine-tuning process and prompting GPT-4 using the combination of abstract and conclusion from the original articles.

#### 5.1 Fine-tuning LED model

We fine-tune LED model on each dataset individually using 50% and 100% of the training set. We randomly select 50% of the training instances. Fine-tuning processes are performed on Colab Pro <sup>1</sup> using the L4 GPU (22GB VRam). We employ the base version (41M parameters) of the LED model via Huggingface<sup>2</sup>, which can process up to 16,384tokens. In the experiment, the batch size is set to 2 due to the limitation of the GPU VRam, and we train for 2 epochs and set the learning rate to 1e-5. For the PLOS dataset, we set the maximum token at 10,000 for input, and the maximum output sequence length is 400 tokens. Since the eLife dataset has longer input and output sequence lengths, we set the maximum input token to 14,000 tokens, and the output is 600 tokens. These adjustments are made to accommodate the length of the lay summary in each dataset.

<sup>&</sup>lt;sup>1</sup>https://colab.research.google.com/

<sup>&</sup>lt;sup>2</sup>https://huggingface.co/docs/transformers/en/ model\_doc/longformer

Model	R-1	R-2	R-L	BertScore	FKGL	DCRS	CLI	LENS	AlignScore	SummaC
					PLOS					
LED (50%)	0.472	0.157	0.426	0.864	14.459	11.431	15.781	56.053	0.818	0.741
LED (100%)	0.472	0.163	0.431	0.865	14.299	11.367	15.520	57.090	0.819	0.739
GPT-4 zs	0.420	0.114	0.385	0.857	14.648	10.556	15.456	70.621	0.646	0.485
GPT-4 fs	0.431	0.123	0.402	0.860	14.210	10.530	15.380	70.781	0.711	0.589
					eLife					
LED (50%)	0.456	0.121	0.435	0.843	9.456	7.760	10.351	67.392	0.631	0.601
LED (100%)	0.461	0.121	0.441	0.848	9.448	7.752	10.345	68.453	0.653	0.617
GPT-4 zs	0.465	0.101	0.431	0.847	15.320	10.707	16.641	68.769	0.656	0.477
GPT-4 fs	0.493	0.121	0.457	0.851	14.626	10.145	15.435	70.732	0.672	0.497

Table 3: The performance of the evaluated models on the PLOS and eLife private test sets. The best score for each metric is highlighted in bold, and the second-best score is underlined. ZS is short for zero-shot and FS is short for few-shot.

Model	R-1	R-2	R-L	BertScore	FKLG	DCRS	CLI	LENS	AlignScore	SummaC
BART (Baseline)	0.470	0.140	0.436	0.862	12.035	10.147	13.485	48.096	0.779	0.703
Final Submission	0.482	0.142	0.444	0.858	14.462	10.755	15.477	63.912	0.745	0.618

Table 4: Our final submission is the combination of fine-tuned 100% training set LED model on PLOS dataset and GPT-4 few-shot prompting on eLife dataset.

#### 5.2 Prompting GPT-4

GPT-4 demonstrates strong performance on fewshot settings in multiple NLP tasks (Liu et al., 2023c). In our experiments, we access GPT-4 through OpenAI APIs<sup>3</sup>. To save cost, we choose gpt-4-turbo-preview version to generate lay summaries. We evaluated GPT-4 in two settings: zeroshot and few-shot prompting. In zero-shot prompting, we directly pass the extracted input to GPT-4 and generate the lay summaries. When creating prompts in few-shot settings, we randomly pick the source-target pairs from the validation set and use them as examples for GPT-4. Since the maximum tokens that GPT-4 can take are 128,000 token, we incorporate as many as possible within the token constraints of the API calls. As the results, PLOS and eLife few-shot prompts contain 4 and 3 example pairs, respectively. The maximum lay summary length is set to 400 tokens and 600 tokens, respectively, for PLOS and eLife. We present an example of a zero-shot prompt and a few-shot prompt in Appendix A.

#### 6 Results

In this section, we list our results on the private test set. The scores are retrieved through the Codabench page of the shared task and reported in

Table 3.

PLOS The results clearly demonstrate that finetuning the LED model achieves the best performance on relevance and factual aspects. To our surprise, GPT-4 outperforms LED in readability. The FKGL score of the fine-tuned LED model with 100% train set achieves the second best results. However, for other readability metrics, the performance of LED models is worse than GPT-4 prompting. In particular, the gap in the LENS score is noticeably high. The gap is around 13.6 percentage points when comparing the fine-tuned version of LED (100%) with GPT-4 few-shot prompting. Meanwhile, compared to the results of the GPT-4 few-shot prompting, the fine-tuned LED model with full training data outperforms by 0.041, 0.039, 0.029, 0.005, 0.108, and 0.150 on R-1, R-2, R-L, BERTScore, AlignScore, and SummaC, respectively. It seems that the improvement of the best fine-tuned LED on those scores can be considered marginal.

**eLife** On the eLife dataset, it is surprising that GPT-4 outperforms fine-tuned LED model in generating more accurate summaries. However, the difference in readability is significant, as GPT-4 achieves lower scores on FKGL, DCRS, and CLI compared to LED models. The gaps between GPT-4 and LED model on these three metrics, respec-

<sup>&</sup>lt;sup>3</sup>https://platform.openai.com/docs/models/ gpt-4-turbo-and-gpt-4

tively, are 5.178, 2.393, 5.090. Whereas, the differences that GPT-4 few-shot prompting creates compared to LED (100%) fine-tuned version on R-1, R-2, R-L, BertScore, LENS, and AlignScore, respectively, are 0.032, 0, 0.016, 0.003, 2.279, and 0.019. It is no doubt that on eLife dataset, prompting GPT-4 generates better lay summaries in terms of Relevance and Factuality.

Based on the above results, we made our final submission to the shared task by combining the results of the fine-tuned LED model with 100% training data from PLOS and GPT-4 few-shot prompts in the eLife dataset. We compare our submission with the BART baseline (Goldsack et al., 2024) in Table 4. It shows that our results surpass the baseline on the R-1, R-2, R-L, and LENS scores. Remarkably, our LENS score is higher than BART baseline by 15.816%. Although in the other metrics, our results are a bit lower than baseline, we argue that the scores are still competitive and the gap is marginal.

#### 7 Discussion

The results demonstrate that traditional fine-tuning can produce summaries with accurate keywords and context rather than prompting. LED model also creates less hallucination than LLMs, because it achieves better Factuality scores. However, finetuning is less effective in making the summaries simpler and easier to understand.

Furthermore, we believe that fine-tuning LED model on eLife is less efficient than on PLOS dataset because of the size of eLife dataset. Furthermore, the text in eLife dataset is also longer than PLOS. Therefore, it is likely that LED model is not able to capture the keywords and learn enough context on eLife. Hence, GPT-4's performance is slightly better in this case.

#### 8 Performance Versus Cost

In this section, we discuss the trade-off between model performance and costs. In our analysis, the costs include training time, computational cost, and prompting cost. We summarize our comparison in Table 5. We first rank the performance of each method based on the results in Table 3. Next, we evaluate four methods based on the number of training hours, the costs of training, inference, and prompting. Since the PLOS dataset has more instances in the training set than eLife, it undoubtedly takes more time and more costly to train LED models on PLOS. In Colab Pro<sup>4</sup>, it costs around 5 computational units per hour. Hence, to calculate the total computational cost, we simply multiply 5 by the training time.

Model	#Rank	Training	Cost					
PLOS								
LED (50%) LED (100%) GPT-4 zs GPT-4 fs	$2^{nd}$ $1^{st}$ $4^{th}$ $3^{rd}$	8 hrs 20 hrs 0 hr 0 hr	40 units 100 units 10\$ 20\$					
eLife								
LED (50%) LED (100%) GPT-4 zs GPT-4 fs	$4^{th}$ $2^{nd}$ $3^{rd}$ $1^{st}$	4 hrs 8.5 hrs 0 hr 0 hr	20 units 42.5 units 20\$ 30\$					

Table 5: The comparision between four approaches on two datasets. The cost for fine-tuning is referred to computation units and cost for GPT-4 is referred to prompting cost using OpenAI APIs.

On the other hand, we directly prompt GPT-4 without further fine-tuning the model. Therefore, we only report the prompting cost in two data sets. As mentioned in Table 1, the length of each instance in the eLife test set is longer than PLOS, and it costs more to generate the lay summaries. In the few-shot prompting setting, it also costs more because we include more tokens in the queries for example.

Through our result analysis and cost-effective study, it demonstrates that GPT-4 prompting cost us more on querying, however it takes less time then fine-tuning and still achieves competitive results. Especially, in the situation where we have less training data (such as in eLife case), GPT-4 can outperform fine-tuned LED model.

#### 9 Conclusion

This paper details our approach to the BioLay-Summ 2024 shared task, comparing traditional finetuning of the Longformer-Encoder-Decoder (LED) model and few-shot prompting with GPT-4 for generating lay summaries of biomedical articles. Our results indicate that the fine-tuned LED excels on the PLOS dataset, while GPT-4's few-shot prompting outperforms LED on the eLife dataset, highlighting GPT-4's advantage in data scarcity scenarios. Future work may explore self-evaluation meth-

 $<sup>^4 \</sup>mathrm{In}$  2024, 100 computational units cost around 15\$ on Colab Pro.

ods and cost-reduction strategies for fine-tuning using parameter-efficient techniques.

#### **10** Limitations

Our methodology relies exclusively on OpenAI APIs for generating summaries using GPT-4, which presents minimal technical challenges. However, the costs associated with API requests can quickly escalate to prohibitive levels, limiting our ability to conduct extensive experimental work with the model. Implementing proprietary LLMs such as GPT-4 also has the limitations of reproducing the results. In addition, due to computational cost and time constraints, we were unable to fine-tune the LED model for more epochs, potentially impacting the overall performance.

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# A Example prompts on GPT-4

	Zero-shot prompt
role content	system "Write a lay summary using the following re- search abstract and conclusion."
role content	<i>user</i> "Lung-resident (LR) mesenchymal stem and stro- mal cells (MSCs) are key elements of the alve- olar niche and fundamental regulators of home- ostasis and regeneration"
	Few-shot prompt
role content	system "Write a lay summary using the following re- search abstract and conclusion."
role content	<i>user</i> "Gene expression varies widely between individ- uals of a population, and regulatory change can underlie phenotypes of evolutionary and biomedi- cal relevance"
role content	assistant "Messenger RNAs carry the instructions necessary to synthesize proteins that do work for the cell"
role content	<i>user</i> "The live attenuated simian immunodeficiency virus (LASIV) vaccine SIVnef is one of the most effective vaccines"
role content	<i>assisstant</i> "Annually, more than two million people are in fected with HIV, the virus that causes AIDS"
role content	<i>user</i> "Mucosal infections with Candida albicans be long to the most frequent forms of fungal dis eases"
role content	assisstant "The opportunistic pathogen Candida albicans is a major risk factor for immunosuppressed individ uals"
role content	<i>user</i> "Lung-resident (LR) mesenchymal stem and stro mal cells (MSCs) are key elements of the alve olar niche and fundamental regulators of home ostasis and regeneration"

Table 6: Example of zero-shot prompt and few-shot prompt for GPT-4.