# Word-Conditioned 3D American Sign Language Motion Generation

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### Abstract

Sign words are the building blocks of any sign language. In this work, we present wSignGen, a word-conditioned 3D American Sign Language (ASL) generation model dedicated to synthesizing realistic and grammatically accurate motion sequences for sign words. Our approach leverages a transformer-based diffusion model, trained on a curated dataset of 3D motion meshes from word-level ASL videos. By integrating CLIP, wSignGen offers two advantages: image-based generation, which is particularly useful for children learning sign language but not yet able to read, and the ability to generalize to unseen synonyms. Experiments demonstrate that wSignGen significantly outperforms the baseline model in the task of sign word generation. Moreover, human evaluation experiments show that wSignGen can generate high-quality, grammatically correct ASL signs effectively conveyed through 3D avatars.

## 1 Introduction

Sign languages are natural languages with their own grammatical structures and lexicons, primarily used by Deaf and Hard-of-Hearing (DHH) communities (Müller et al., 2023). While most current sign language research focuses on sign-to-text translation (Müller et al.; Moryossef et al., 2021; Ye et al., 2023; Zhang and Duh, 2023), we address the reverse problem with wSignGen <sup>1</sup>– a model dedicated to sign language synthesis and production, converting text into corresponding signing motions.

Many sign synthesis works in the literature (more on the sign synthesis approaches are discussed in Section 2) aim to directly learn the mappings between continuous visual signs and written language, via neural machine translation (NMT). But we propose a different approach where the NMT would occur between the textual words and the corresponding ASL gloss<sup>2</sup>. The resulting gloss sentences can then readily be furnished with ASL word-sign motions, the focus of this work.

Current continuous sign language production methods only perform close-set generation and cannot handle words that were not previously seen; whereas, we empirically observe that new ASL signers can construct a large number signed phrases based only on a fixed number of signs, further motivating the importance of word sign synthesis.

But word sign synthesis can be a highly challenging task as ASL consists of manual (hands-only) and nonmanual (non-hands, such as mouthing cues, facial expressions, etc) cues. In this work, we focus on the manual cues which are expressed with four grammatical parameters: handshape, palm orientation, location, and movement (Tennant and Brown, 1998). Also, different signers may perform the same signs with different movement amplitudes and forces, and these variations should be considered in a signing avatar.

CLIP (Radford et al., 2021) pre-trains an image encoder and a text encoder to predict which images correspond to specific text pairs in the dataset. Instead of using one-hot encoding for the sign word, we leverage the CLIP text encoder as a conditional input. This approach offers two key advantages: (1) image-based generation, where the image embedding connects to the most semantically similar word, which can be particularly useful for children who cannot read yet but are learning sign language; and (2) generalization to unseen synonyms. Since many words with similar meanings (e.g., 'table' in the dataset and 'desk' not in the dataset) share the same sign motion, CLIP's semantically aligned text embeddings are well-suited to handle such synonyms.

<sup>&</sup>lt;sup>2</sup>ASL Gloss is the written transcription of the ASL signing motions. It is a writing tool used to connect the ordered components of a sign sequence to their semantic meanings.

<sup>&</sup>lt;sup>1</sup>The code and data are available on the project page.



Figure 1: Top row: given a text word in dataset, wSignGen can generate a 3D signing avatar corresponding to that word. Also, wSignGen supports unseen but semantically close words. Bottom row: given a semantically meaningful image, the closest associated word is identified *via CLIP* and wSignGen generates the corresponding sign.

Our contributions are threefold: First, we introduce a novel approach for word-conditioned 3D ASL motion generation, synthesizing more accurate, realistic, and expressive sign language motions. Second, we present wSignGen, a model that combines CLIP with a diffusion-based approach using a classifier-free strategy, offering two advantages: image-based generation and the ability to generalize to unseen synonyms. Third, extensive experiments show that wSignGen consistently outperforms baseline models on standard generative metrics and receives highly positive feedback from human evaluators.

### 2 Related Work

Sign Language Synthesis Sign Language Synthesis (/Production) aims to convert text input into grammatically correct sign sequence motions. Researchers have explored various seq2seq models (Koller et al., 2015; Stoll et al., 2018; Saunders et al., 2020b, 2021a; Hwang et al., 2021), and multi-channel approaches (Saunders et al., 2020a, 2021a), to synthesize pixel-level videos (Stoll et al., 2018, 2020) or produce sign language skeletal sequences (Zelinka et al., 2019). Other works have relied solely on the regression of 2D/3D joint positions (Saunders et al., 2021b) with OpenPose (Cao et al., 2017) or post-regression SMPLX (Pavlakos et al., 2019) fitting to elevate 2D joints to 3D features (Stoll et al., 2022). Reconstructing 3D avatars (Dong et al., 2024a; Xu et al., 2024; Dong et al., 2024b) further advances recent studies. We go a step further by utilizing a diffusion model to directly synthesize 3D features, thereby preserving lifelike diversity and authenticity in our avatars.

Motion generative models Numerous studies on human motion generation have achieved significant success using the variational autoencoder (VAE) framework. ACTOR (Petrovich et al., 2021) involves a transformer-based VAE with numerical labels as the condition. Subsequent works in language-guided generation include (Zhang et al., 2017; Li et al., 2020b; Nam et al., 2018; Ramesh et al., 2021). The CLIP model (Radford et al., 2021) has been incorporated into various motion generation techniques, such as its combination with an Autoencoder (AE) in (Tevet et al., 2022a), a VAE in (Petrovich et al., 2022; Guo et al., 2022a; Zhai et al., 2023), and a VQ-VAE in TM2T (Guo et al., 2022b). Additionally, pre-trained language models have been employed to further enhance semantic complexity in motion generation (Jiang et al., 2023; Zhang et al., 2023).

Unlike these VAE models, diffusion models have been shown to generate samples that more closely follow the distribution of their training samples. For conditioned generation, researchers investigated classifier-guided diffusion (Dhariwal and Nichol, 2021; Nichol et al., 2021) and classifierfree guidance (Ho and Salimans, 2022; Shan et al., 2024) technologies in succession. The MDM architecture (Tevet et al., 2022b) utilized a classifier-free guidance diffusion architecture to predict human motion in a similar structure as employed by wSign-Gen.

## 3 Methodology

**Problem formulation** Our goal is to generate 3D SMPLX-based motion sequences that match the meanings of sign language words, based on either input words or images, as illustrated in the Figure 2. The generative process learns clean motion patterns through a diffusion model, trained with classifier-free guidance by randomly masking the condition *c*. At each step, a transformer encoder is employed to learn the spatial and temporal relationships from the sign motion sequence.



Figure 2: Overview of the wSignGen architecture. Given timestep T, Condition c, Nosy Motion sampled from  $\mathcal{N}(0,1)$  distribution, the wSignGen generative process learn clean motion through a diffusion model. At each step, timestep T, Condition c is projected together into a token Z. This token, combined with the output from a linear layer, is passed through position encoding PE, and then sent into the transformer encoder blocks. In the final phase, the motion output passes through a 3D Pose Projector to obtain the SMPLX rotation features.

#### 3.1 Conditioned Word or Image

The input modality can be either text or image, and we leverage CLIP to align their semantics. Using the CLIP text encoder, we obtain text embeddings  $E_{\text{text}}$ , so that for a given word w, the conditioning embedding is set as  $c = E_{\text{text}}(w)$ . Similarly, since CLIP supports zero-shot alignment between text and images, for a given image i, we extract its encoding  $E_{\text{image}}(i)$  and align it to obtain the conditional embedding  $c = E_{\text{text}}(w_i)$ , where  $w_i$  represents the word associated with image i through the pre-trained CLIP model.

#### 3.2 Diffusion Process

Our learning approach incorporates a diffusion model, to generate samples from isotropic Gaussian noise by iteratively removing the noise at each step. There are three major sub-processes: the forward process, the reverse process, and the sampling procedure. For the sign motion  $X_0$ , our final goal is to model a distribution  $X_0 \sim q(X_0)$ .

The forward diffusion process follows a Markov chain over T steps, evolving by gradually injecting noise into the samples until the distribution of  $X_T$ approximates  $\mathcal{N}(0, 1)$ . Formally, this process is denoted as:

$$q(X_t|X_{t-1}) = \mathcal{N}(\sqrt{\alpha_t}X_{t-1}, (1-\alpha_t)\mathbf{I})$$
(1)

where  $\alpha_t \in (0, 1)$  are constant hyper-parameters. From here on we use  $X_t$  to denote the full sequence at noising step t. The reversed diffusion is a gradually denoised motion  $X_t$  based on the condition. In our context, it models the distribution  $p(X_0|c)$ , where c are conditional embeddings from CLIP. Following previous works in motion diffusion, instead of predicting noise, we predict the motion signal itself i.e.  $\hat{X}_0 = G(X_t, t, c)$  with the objective shown in Equation 2:

$$\mathcal{L}_{base} = \mathbb{E}_{X_0 \sim q(X_0|c), t \in [1,T]} \left[ \|X_0 - G_c(X_t, t)\|_2^2 \right] \quad (2)$$

**Training losses** For regularization, following the method by Tevet et al. (2022b), we utilize a velocity loss  $\mathcal{L}_{vel}$  which considers physical characteristics and mitigates the emergence of artifacts. The velocity loss and the combined losses are shown in Equations 3 and 4, respectively.

$$\mathcal{L}_{vel} = \frac{1}{N-1} \sum_{i=1}^{N-1} \left\| \left( x_0^{i+1} - x_0^i \right) - \left( \hat{x}_0^{i+1} - \hat{x}_0^i \right) \right\|_2^2 \quad (3)$$

$$\mathcal{L} = \mathcal{L}_{base} + \mathcal{L}_{vel} \tag{4}$$

**Sampling** Sampling here involves the iterative prediction of the clean sample  $\hat{X}_0 = G_c(X_t, t)$  and noising it back to  $X_{t-1}$ , repeated T times back to  $X_0$ . We train our model G with classifier-free guidance. G learns both the conditioned and the unconditioned distributions by randomly setting  $c = \emptyset$  (null condition) for 10% of the samples, such that  $G_{\emptyset}(X_t, t)$  approximates  $p(X_0)$ .

$$G(X_t, t) = sG_c(X_t, t) - (s - 1)G_{\emptyset}(X_t, t)$$
 (5)

During sampling, we can control the trade-off between diversity and fidelity by adjusting the hyperparameter *s*.

#### 4 **Experiments**

**Dataset** We curated a 3D SMPLX-based dataset from the sign recognition video dataset, WLASL(Li et al., 2020a). We sorted the dataset by sample size and then selected the top 103 words

Table 1: **Comparison of CVAE Baseline and our Diffusion Model** We compare a motion generation baseline algorithm with our proposed method using the curated datasets. Notation Keys:  $\rightarrow$ : implies that motions are better when the metric is closer to those computed for  $GT^{train}$  and  $GT^{test}$ ; "Acc.": accuracy; "Div.": diversity; "Mul.": multimodality; "Gen": Generation. Gen<sup>train</sup> and Gen<sup>test</sup> are generated from the same model, and we report them separately to compare with the original training and testing data distribution on FID, Div., and Mul. metrics.

$ASL3D_S$	Acc. ↑	<b>FID</b> ↓	Div. $ ightarrow$	$\textbf{Mul.} \rightarrow$	ASL3D	Acc.↑	FID↓	Div. $ ightarrow$	$\textbf{Mul.} \rightarrow$
Original Data (no Generative Process )									
GT <sup>train</sup>	1.0	-	30.001	9.921	GT <sup>train</sup>	1.0	-	34.565	13.256
GT <sup>test</sup>	0.897	-	26.252	11.180	GT <sup>test</sup>	0.765	-	30.599	12.289
CVAE Baseline (ACTOR <sup>+</sup> )									
Gen <sup>train</sup>	0.884	75.243	24.566	8.250	Gen <sup>train</sup>	0.515	126.830	25.732	16.500
Gen <sup>test</sup>	-	65.285	24.187	6.600	Gen <sup>test</sup>	-	100.147	25.393	12.289
wSignGen (Our Model)									
Gen <sup>train</sup>	1.0	5.348	29.592	8.855	Gen <sup>train</sup>	1.0	7.339	33.927	11.417
Gen <sup>test</sup>	-	40.834	29.278	6.494	Gen <sup>test</sup>	-	37.873	33.608	8.538

(with more than 18 samples per word) for this work. We further selected a subset of 30 words denoted as  $ASL3D_S$  for our scalability evaluation; Next, we used the Hand4whole model (Moon et al., 2022) to extract SMPLX features, creating our SMPLX-based ASL3D Dataset.

**Evaluation Metrics** In accordance with previous motion generation approaches in the literature, (Guo et al., 2020; Petrovich et al., 2021; Tevet et al., 2022b), we evaluate wSignGen based recognition accuracy, Fréchet Inception Distance (FID), variation of motion across all words (diversity), and per-word motion variation (multimodality). To obtain the accuracy metrics, using our training data split, we trained a sign classifier over STGCN features (Yu et al., 2017). Training and test accuracies on the original data are shown in the first part of Table 1.

### 4.1 Word-Based Sign Synthesis

To demonstrate the efficacy of wSignGen, we trained a conditional VAE (CVAE), widely used in motion synthesis, as a baseline to compare with the performance of wSignGen. This VAE was a variation of ACTOR (Petrovich et al., 2021) trained our 3D sign motion data. To align with our objectives, we modified the condition vector to use CLIP embeddings rather than the previous one-hot action labels and trained the model with standard reconstruction and KL divergence losses. We denote this modified model as ACTOR<sup>+</sup>. We quantitatively compared the generative capabilities of wSignGen to the CVAE baseline, as shown in Table 1. As can be seen, wSignGen far outperforms the CVAE

in all four metrics. For accuracy, we report only one value as both the train and test samples were generated from the same model. Notably, wSign-Gen achieves an accuracy score of **1.00** both for ASL3D<sub>S</sub> and the larger ASL3D datasets, thus indicating its excellent scalability. The remaining metrics further confirm the high quality of the generated data.

#### 4.2 Image-Based Sign Synthesis

Image-based sign synthesis involves generating the sign motion corresponding to the word-level semantic meaning of an input image. During the training phase, we assumed that the corresponding semantics (from the input image) was precisely identified. During the evaluation phase, we randomly selected five images from Google Image Search for each of the words in ASL3D<sub>S</sub> (N = 150). Note that the quality of the results here depends heavily on how well the images being presented are resolved to their correct semantics. After presenting the 150 images to wSignGen, the resulting accuracy was **86%**, and this included errors from CLIP occasionally mislabeling the image.

#### 4.3 Human Evaluation

As recommended by Fox et al. (2023), we evaluated the acceptability of our generated avatar by having seven subjects (five hearing and two Deaf or Hard-of-Hearing (DHH) individuals) participate in a human evaluation test. Specifically, we began by presenting them with two original human-signing videos of a word. Next, avatar videos of the same word, generated by wSignGen were shown to them.



Figure 3: Human Evaluation Results

They were instructed to provide ratings on a scale of 1 to 10 on evaluation criteria which included acceptability and the correctness of their observations as related to hand shape, palm orientation, location, and movement. The average score of each tester is shown in Figure 3. The overall average scores from the experiment was **8.36 out of 10**, showing that the generated signs were received quite favorably.

## 5 Conclusion

We introduce the wSignGen model, representing a significant milestone in the realm of wordconditioned 3D sign language motion generation. By leveraging the CLIP model to align word semantics and a diffusion model to learn clean signing motions, wSignGen demonstrates notable advancements over existing methodologies. Extensive experiments showcase our work has excellent scalability and can generalize to unseen words.

## 6 Limitations

Currently, we are working with 1,547 videos (corresponding to 103 words) due to the limited number of signing videos that have a sufficient number of training examples; but this can be readily remedied by collecting more word-level data.

Also, in order to extend this work to the translation of continuous text phrases, it is important to first have a text-to-gloss translation model, although in its current form, wSignGen can still be successfully used to teach ASL word signs.

It can be challenging to estimate the 3D pose from some hand and finger motions, especially for signs that require fine granularity and this can lead to inaccurate word representation during training.

Lastly, ASL consists of both manual (related to hands) and nonmanual (facial expressions, mouth movements, body postures, etc) components, but in this work we explicitly model only the manual aspect of ASL, while the nonmanuals are generated only by side-effect from the training data. In the future, we will explicitly model and incorporate these nonmanuals at the word level.

## 7 Ethical Consideration

The dataset used for this work was curated from a publicly available dataset, WLASL, which has been made public since 2020. We assume that the participants in the original dataset collection gave their voluntary consent for participation. WLASL is licensed under the Computational Use of Data Agreement (C-UDA). The data is intended for academic and computational use only. This work strictly adheres to those licensing constraints.

In our work, confidentiality is maintained because we do not plan to share the faces or other identifying features of the participants in their original form; rather, we will only show the avatars that were learned from the movements of a large number of diverse signers.

Their is little potential for harm in this work although it must be acknowledged that words might be mistranslated by the model resulting in inaccurate communication between non-signing and Deaf and Hard-of-Hearing (DHH) individuals who rely on such a model (but this work is still in the early stages).

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