How does Multi-Task Training Affect Transformer In-Context Capabilities? Investigations with Function Classes

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Abstract

Large language models (LLM) have recently shown the extraordinary ability to perform unseen tasks based on few-shot examples provided as text, also known as in-context learning (ICL). While recent works have attempted to understand the mechanisms driving ICL, few have explored training strategies that incentivize these models to generalize to multiple tasks. Multi-task learning (MTL) for generalist models is a promising direction that offers transfer learning potential, enabling large parameterized models to be trained from simpler, related tasks. In this work, we investigate the combination of MTL with ICL to build models that efficiently learn tasks while being robust to out-of-distribution examples. We propose several effective curriculum learning strategies that allow ICL models to achieve higher data efficiency and more stable convergence. Our experiments¹ reveal that ICL models can effectively learn difficult tasks by training on progressively harder tasks while mixing in prior tasks, denoted as mixed curriculum in this work.

1 Introduction

Recently, the emergence of in-context-learning capabilities in LLMs has revolutionized the field of NLP (Wei et al., 2022a). By pre-training with nextword predictions, these models can be prompted with few-shot examples and make accurate incontext predictions during inference (Brown et al., 2020). The ICL capability demonstrated even by smaller Transformer models presents an alternative way to understand LLMs (Dong et al., 2023; Li et al., 2023a; Lu et al., 2023). To empirically understand this phenomenon, Garg et al. (2022) focus on learning a single function class in-context by a Transformer model. Their model achieves competitive normalized mean-squared error (MSE) compared to the optimal ordinary least squares estimator when performing in-context linear regression. Nevertheless, these models sometimes fail to converge and often struggle to generalize to more challenging function classes. While the follow-up studies (Akyürek et al., 2023; Von Oswald et al., 2023; Yang et al., 2023) have extensively analyzed how these models conduct ICL, little work exists exploring how training on *multiple function classes* can enable Transformer models to generalize and perform ICL more efficiently. As we believe that these generalist models are designed to perform multiple tasks, there is a need to study the multitask ICL capability of these models, which is missing in the literature.

From prior multi-task learning studies (Zhang et al., 2023; Ruder, 2017; Weiss et al., 2016), models can be trained on multiple related tasks to improve their performance on individual tasks. Despite its popularity, MTL has been difficult to understand in Transformer models when trained on natural language, most likely due to the difficulty of ranking and scheduling language tasks (Crawshaw, 2020). However, the newly introduced framework of learning function classes in context (Garg et al., 2022) provides an easier way to study this MTL paradigm. For example, the difficulty of a polynomial function class can be scaled by changing its degree (e.g., linear to quadratic), or changing the input distribution (e.g., Gaussian to Gaussian with decaying eigenvalues). Motivated by this new paradigm, we conduct a systematic analysis by training a Transformer on varying function class families and input distributions in a multi-task manner to examine if the same principles from MTL carry over into ICL.

During training, we explore different curriculum learning strategies to schedule the ICL tasks of multiple function classes: *sequential*, *mixed*, and *random* (§3.3). For benchmarking, we train another set of models only on a single function class family

Proceedings of the 2024 Conference of the North American Chapter of the Association for Computational Linguistics: Human Language Technologies (Volume 2: Short Papers), pages 169–187

June 16-21, 2024 ©2024 Association for Computational Linguistics

¹Our code and models are available at https://github. com/harmonbhasin/curriculum_learning_icl

following Garg et al. (2022). We quantitatively and qualitatively compare our models trained with and without curriculum across all tasks and analyze the normalized MSE and attention matrices (§4). Our experiments show that curriculum learning is more data-efficient, achieving comparable performance to single-task models using only 1/9 of the training data. These curriculum models can also obtain an optimal MSE in function classes where none of the single-task models converge.

2 Related Work

In-context Learning In-context learning has garnered increasing attention in the past few years (Dong et al., 2023), and many papers have analyzed ICL with natural language (Min et al., 2022b; Xie et al., 2022; Min et al., 2022a). It was not until Garg et al. (2022) that the analysis of ICL through the paradigm of function class learning emerged. Garg et al. (2022) showed that Transformers can learn linear regression close to the optimal ordinary least squares estimator, and other more complex function classes with respectable accuracy. However, they found that some function classes (e.g. Gaussian with decaying eigenvalues) were hard to learn by Transformers, as the training loss failed to converge. Yadlowsky et al. (2023) investigated a framework similar to Garg et al. (2022), where they explored training models on a mixture of function classes; however, they did not delve into curriculum learning strategies. Many papers also explored how ICL works, with current literature pointing to it being a fuzzy gradient descent (Akyürek et al., 2023; Von Oswald et al., 2023; Yang et al., 2023). Additional theoretical work has examined how transformers can implement near-optimal regression algorithms and has analyzed stability conditions for ICL (Li et al., 2023b).

Curriculum Learning Bengio et al. (2009) first introduced curriculum learning as a way to train models similar to the way that humans learned, by learning tasks in order from easy to hard. This work inspired a new area of research focused on utilizing curriculum learning in different contexts (Xu et al., 2020; Wang et al., 2021; Soviany et al., 2022). Among this exploration has been more complex curriculum learning strategies in well studied contexts (Graves et al., 2017; Varshney et al., 2022). The novel function learning problem formulation in Garg et al. (2022) has encouraged us to focus on simple curriculum learning strategies that have been well-studied. Our sequential curriculum aligns with the definition provided by Bengio et al. (2009). We have adapted our mixed curriculum from the standard curriculum, which is referred to as a "balanced curriculum" in Soviany et al. (2022). Finally, our random curriculum serves as a baseline approach, as described in Soviany et al. (2022). By conducting the first exploratory study on these simple, widely-used curriculum learning strategies, we pave the way for more sophisticated strategies.

Attention Analysis Transformers (Vaswani et al., 2017) have revolutionized our capabilities of performing tasks in a variety of fields. Recognizing the significance of attention behind Transformers, we aimed to analyze it in the context of ICL, akin to previous work (Clark et al., 2019). Olsson et al. (2022) and Elhage et al. (2021) found that specific attention heads, specified as "induction heads", were responsible for the ICL ability of Transformers, both in large and small Transformers. To measure this, they created their own metric. Intrigued by the possibility that certain heads might attend to specific tasks within a multi-task framework, we decided to visualize the attention matrix. Inspired by Vig and Belinkov (2019) that showed a simple and interpretable way to visualize attention, we used this approach as a proxy to develop our own analyses of the attention matrices in this study. Furthermore, other recent studies have focused on summarizing attention flow through Transformer models from input embeddings to later layers with attention rollout (Abnar and Zuidema, 2020).

Instruction Prompting Instruction prompting has been widely used in natural language tasks to improve accuracy and tends to be robust to variations during test time (Liu et al., 2023). Wei et al. (2023) showed that models of different architectures responded differently to instruction tokens, with the format of the instruction affecting multi-task settings. Yin et al. (2023) showed that providing key information in tasks in a common format improved the ability of the model to learn the task. Recently frameworks have emerged that prompt LLMs with intermediate reasoning steps to elicit better reasoning capabilities (Wei et al., 2022b), known as Chain of Thought (CoT) prompting. (Besta et al., 2023) and (Yao et al., 2023) extend CoT prompting to consider multiple reasoning paths to improve performance. Future work may consider using these methods to improve ICL in the multi-task setting.

3 Methods

3.1 Problem Definition

Following Garg et al. (2022), we define the problem of ICL as passing in an *i*-shot sequence $S^i = (x_1, f(x_1), x_2, f(x_2), \ldots, x_n, f(x_i), x_{i+1})$ to the Transformer (denoted as M_{θ}) and generating an output $M_{\theta}(S^i)$ to predict the ground-truth $f(x_{i+1})$, where the examples have not been seen during training. We refer to this *i*-shot prediction problem, where input is given in pairs, as ICL.

We consider a data-generating process where ddimensional inputs are drawn from any arbitrary distribution (i.e., $x_i \sim D_x$) and a function f is sampled from the class of functions related to singleindex probabilist's normalized Hermite polynomials (i.e, $f \sim \mathcal{F}$).

Similar to Garg et al. (2022), the training objective is to minimize the squared error $l(\cdot, \cdot)$ between the prediction $M_{\theta}(S^i)$ and ground-truth $f(x_{i+1})$:

$$\min_{\theta} \mathbb{E}_{S^i} \left[\frac{1}{k+1} \sum_{i=0}^k l(M_{\theta}(S^i), f(x_{i+1})) \right].$$

Appendix A shows more training details.

3.2 Tasks

We explore two types of tasks: learning a function class and learning a data distribution (see Appendix B). We consider a single-index function:

$$f(x) = \varphi(\langle x, w \rangle).$$

Function Class Learning We look at the class of functions derived from normalized probabilist's Hermite polynomial with degree n and constants removed, i.e., $\frac{1}{\sqrt{n!}}He_n(x)$, which satisfies orthogonality. This is useful as it guarantees that the function values of all tasks are uncorrelated. For each task, we separately sample x and w from an isotropic Gaussian distribution, where w remains constant for an *i*-shot sequence. We define K = 3 polynomial function classes as follows: denoting $t = \langle x, w \rangle$, we pick $\varphi \in \{\varphi_{\text{linear}}, \varphi_{\text{quadratic}}, \varphi_{\text{cubic}}\}$ for three function classes $\mathcal{F}_1, \mathcal{F}_2, \mathcal{F}_3$, respectively.

$$\begin{split} \varphi_{\text{linear}}(t) &= t, \\ \varphi_{\text{quadratic}}(t) &= \frac{1}{\sqrt{2}} (t + \frac{1}{\sqrt{2}} (t^2 - 1)) \\ \varphi_{\text{cubic}}(t) &= \frac{1}{\sqrt{3}} (t + \frac{1}{\sqrt{2}} (t^2 - 1) + \frac{1}{\sqrt{6}} (t^3 - 3t)) \end{split}$$

3.3 Curriculum Learning

We define the total training steps to be T, where the t-th training step ranges from t = 1, 2, ..., T. Our curriculum learning strategy (*sequential, mixed*, or *random*) is used to allocate our K tasks across training time. In this paper, we explore K = 3 function classes defined earlier.

Sequential Curriculum We first separate the total training steps T into K partitions. Within the k-th partition of training steps, we train the model on learning a function from the k-th function class, in order of increasing difficulty:

$$f \sim \begin{cases} \mathcal{F}_1 & 1 \le t < \frac{T}{3} \\ \mathcal{F}_2 & \frac{T}{3} \le t < \frac{2T}{3} \\ \mathcal{F}_3 & \frac{2T}{3} \le t < T \end{cases}$$

Mixed Curriculum We first separate the total training steps T into K partitions. Let ξ be (uniformly) drawn from $\{1, 2\}$ and ζ be (uniformly) drawn from $\{1, 2, 3\}$. We select tasks from the previous k partitions with equal probability (1 denotes the indicator function):

$$f \sim \begin{cases} \mathcal{F}_1 & 1 \le t < \frac{T}{3} \\ \sum_{s=1}^2 \mathbf{1}(\xi = s) \mathcal{F}_s & \frac{T}{3} \le t < \frac{2T}{3} \\ \sum_{s=1}^3 \mathbf{1}(\zeta = s) \mathcal{F}_s & \frac{2T}{3} \le t < T \end{cases}$$

Random Curriculum At each training step t, we randomly sample from the list of K tasks with equal probability:

$$f \sim \sum_{s=1}^{3} \mathbf{1}(\zeta = s) \mathcal{F}_s, \quad 1 \le t < T$$

3.4 Attention Analysis

To understand how single and multi-task models learn, we analyze the Transformer's self-attention weights. Specifically, we mask out the attention matrices for each head to keep only the self-attention scores between each $f(x_i)$ token and its corresponding x_i token. To summarize the head's inclination to attend to previous tokens, we aggregate these scores by taking the mean across all $f(x_i)$ tokens. We repeat this for all attention heads in all layers and plot the aggregated scores in a head-bylayer heatmap. We define a "retrospective head" as an attention head that has a lighter value in the heatmap, indicating that this specific head learns to attend to the previous input token when constructing a representation for the current token, a natural pattern that encourages understanding of the input-output pairs, i.e., $(x_i, f(x_i))$.

4 Results

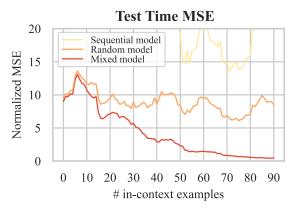


Figure 1: Comparison of the moving average of all three curriculum learning strategies when evaluated on a quadratic function class dataset during test time. The mixed curriculum is the only model that is able to achieve an accurate normalized MSE. The random curriculum performs comparatively worse, whereas the sequential curriculum performs substantially worse (yaxis is limited in order for mixed and random curricula to be differentiated).

Curriculum Learning Comparison Figure 1 shows that the mixed curriculum outperforms both the random and sequential curricula when evaluating all models on a quadratic function class dataset according to mean squared errors (MSE) during test time. We find that the mixed curriculum strategy provides the most benefit towards learning multiple tasks. This is further validated in Supplementary Figure 5, which shows that the mixed curriculum is most stable over all tasks, achieving an accurate solution after sufficient few-shot examples (20/80/90shot examples for Linear/Quadratic/Cubic respectively). We hypothesize that this is due to stable periods of training, where the model can adapt to the given function class, whereas the random curriculum does not have such a schedule. Additionally, mixed curriculum likely outperforms sequential curriculum because including tasks from previous training blocks mitigates catastrophic forgetting (Zhai et al., 2023). Thus, we stick with the mixed curriculum model in the following experiments.

Qualitative Attention Analysis Figure 2 displays how masking 7 retrospective heads (as defined in §3.4) causes a significant increase in normalized MSE compared to 7 non-retrospective heads in the mixed curriculum model. Using our attention analysis in Supplementary Figure 4, we identify retrospective heads as those with yellow values, whereas non-retrospective heads are high-

lighted with dark purple values. This supports the theory that specific heads may be reasonable for the ICL capability of these models (Olsson et al., 2022). Additionally, these retrospective heads stay the same across different task evaluations. Pairing this with the normalized MSE analysis in Supplementary Figure 5, we hypothesize that these models are conducting approximations rather than learning the true tasks as the model achieves optimal, but not perfect (normalized MSE = 0) over all tasks.

Curriculum Learning Convergence Figure 3 reveals 60% of mixed curriculum models converge, whereas 0% of the single-task models trained on quadratic function classes converge. Specifically, these models do not achieve optimal (below 1) normalized MSE during training time and at test time. We believe curriculum learning aids in this task, as we allow the model to warm up the training with the objective (calculate f(x) from x) on easier tasks. In contrast, the poor performance of the single-task models may be explained by their cryptic attention patterns (Supplementary Figure 2). These findings help us understand how curriculum learning can be used to learn difficult function classes that are otherwise unlearable by single-task models.

Curriculum Learning Data Efficiency Figure 4 illustrates the performance of a single-task model and a mixed curriculum model during training when evaluated on a cubic function class validation dataset. Our experiments uncover that the mixed curriculum model can improve data efficiency, learning harder tasks with fewer examples. The mixed curriculum model is pre-trained on 1/9 of the training examples seen by the single-task cubic model, yet the mixed curriculum model has better performance on the validation set. Pulling from qualitative attention analysis, we hypothesize that the mixed curriculum model is able to use its approximate understanding of the linear and quadratic function classes to improve the initial normalized MSE of a cubic function class. This explains why the cubic model starts at 450 normalized MSE, whereas the mixed model starts at 200 normalized MSE. When analyzing both models at test time (Supplementary Figure 3 and 5) the mixed model has comparable performance to the single-task cubic model. These findings suggest that curriculum learning can assist data efficiency by making use of transfer learning from easier tasks.

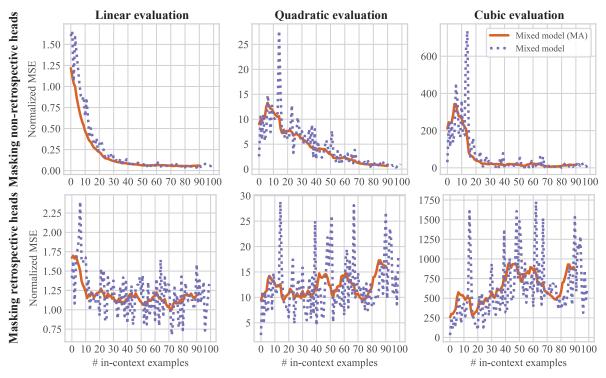


Figure 2: Masking retrospective heads (*bottom row*) causes significant increase in normalized MSE compared to non-retrospective heads (*top row*) in the mixed curriculum model.

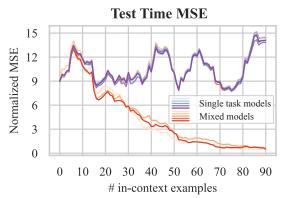


Figure 3: Comparison of the moving average of five different seeded single-task (*blue-purple*) and mixed curriculum models (*orange-red*) evaluated on a quadratic function class dataset during test time. Mixed curriculum models are able to learn quadratic function classes whereas the single task models are unable to, indicated by the spikes and upward trend in normalized MSE.

5 Discussion

In this paper, we examine how different curriculum learning strategies affect a Transformer's ICL capability. We compare these curriculum models against their respective single-task models and evaluate them across related tasks. This reveals that the mixed curriculum provides the best results, with increased data efficiency and model convergence. Our attention analysis shows that these curriculum

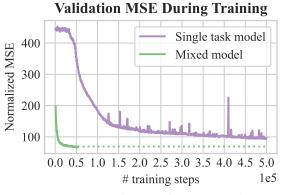


Figure 4: Comparison of the moving average of a singletask model and a mixed curriculum model evaluated on a cubic function class dataset during training time. The mixed curriculum model is initialized with a checkpoint trained on linear and quadratic function examples, while the single-task model is initialized with random weights.

learning models share the same retrospective heads across related tasks. Masking these retrospective heads during test time drastically drops the accuracy of these models across tasks, indicating that specific heads are responsible for ICL. This work provides the preliminary analysis necessary to explore curriculum learning in these ICL settings in natural language. We hope that these results provide an important insight into how we can better pre-train LLMs to ICL efficiently.

Limitations

Our work investigates ICL on standard function classes which can be mathematically defined, however it may be difficult to extend our work to natural language tasks as they are hard to define. The extensibility of our work to natural language tasks therefore remains an open question. We make use of three well-known curriculum learning strategies, however, more effective strategies should be investigated. We work with a relatively small model, thus our results may not be transferable to larger models such as Llama-2 or GPT-4 and we work with noiseless data which may inflate the accuracy. Lastly, we acknowledge that ICL can be inconsistent (models only learn approximations for tasks and have varying performance across seeds) and should not be used in high-risk situations.

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Appendix

A Experimental Settings

We train on the GPT-2 (Radford et al., 2019) model (22.4 million parameters) provided by HuggingFace (Wolf et al., 2019) ² with 12 heads, 8 layers, and an embedding size of 256 over 500,000 steps, where each batch size is 64. Each batch consists of 100 (x_i , $f(x_i)$) pairs (we expect higher order polynomials to require more in-context examples to converge). During training time each model is evaluated every 2,000 steps on a validation dataset of size 32,000. During test time each model is evaluated on 64 randomly selected examples. We train GPT-2 using a A100-SXM4-80GB provided by the Center for High Throughput Computing (2006).

B Distribution Learning

In addition to different function classes, we explore training data generated from different distributions, given that recent literature has shown that these models do not perform well under distributional shifts (Garg et al., 2022; Yadlowsky et al., 2023). Particularly, we sample inputs x_i from (i) Gaussian distributions, (ii) skewed Gaussian distributions (decaying eigenvalues), and (iii) student-t distributions (df = 4). Attention analysis (Supplementary Figure 6 and 8) and normalized MSE (Supplementary Figure 7 and 9) across tasks may be found for both single-task and curriculum models in the Supplementary Materials.

C Instruction Prompting

We explore two sets of instruction prompting architectures: one-hot encoded vectors and preset instruction vectors. The goal of instruction prompting was to evaluate whether our objective could benefit from instruction prompting the way language translation or other NLP tasks do.

C.1 One Hot Encoded Instruction Vector (OHEI)

After generating our $(x_i, f(x_i))$ pairs, we append a single one hot encoded vector p to the beginning of the sequence, with the one hot encoding corresponds to the "task":

$$p = \begin{cases} p_0 = 1 & \varphi = \varphi_1 \\ p_1 = 1 & \varphi = \varphi_2 \\ p_2 = 1 & \varphi = \varphi_3 \end{cases}$$

We then apply a linear transformation to transform the concatenation into the dimension, 256, of our Transformer.

C.2 Preset Instruction Vector (PI)

After we use a linear transformation to transform our $(x_i, f(x_i))$ pairs to the input dimension, 256, of our Transformer we append a unique vector, $p \sim \mathcal{N}(0, I_d)$, that has been sampled from an isotropic Gaussian distribution. This "instruction vector" remains constant throughout the training of all models, but remains different for each of the different tasks.

C.3 Instruction Prompting Remains Unclear

Supplementary Figure 1 shows the comparison of a mixed curriculum with no instruction prompting, to the two instruction prompting architectures listed above, evaluated over all function class tasks. Applications of the one hot encoded instruction (OHEI) vector to the mixed curriculum causes minimal improvement, whereas application of the preset instruction (PI) vector to the mixed curriculum worsens model performance in the quadratic and cubic function class evaluation during test time. We believe the former has minimal effect in performance as the one-hot encoded vectors may just be seen as noise, whereas the latter most likely worsens the ability of the model to learn the task as it may be seen as an

²https://huggingface.co/docs/transformers/model_doc/gpt2

extreme version of noise (it may disrupt the flow of x_i , $f(x_i)$, confusing the model). Overall, we believe that instruction tokens may not be tractable in this setting due to the difficulty of learning a 20-dimensional instruction.

Supplementary Materials

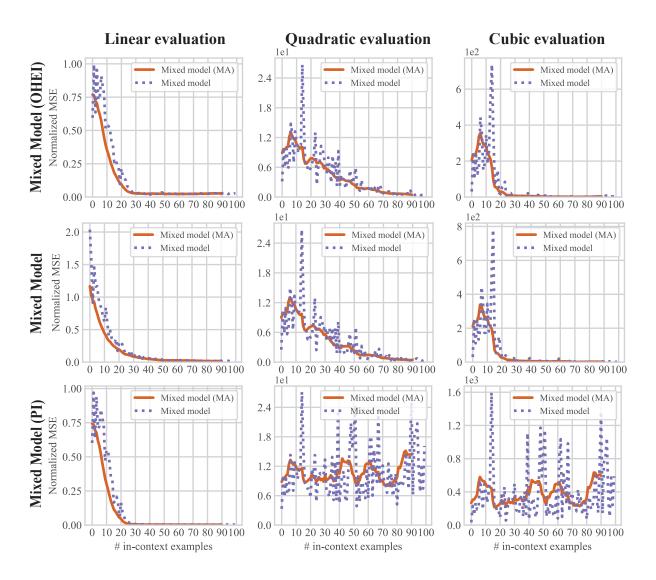


Figure 1: Normalized MSE over the number of in-context examples for the mixed curriculum model, mixed curriculum model with one hot encoded instruction (OHEI) vector and mixed curriculum model with preset instruction (PI) vector. Solid line represents the moving average (window = 10) whereas the dashed line is the true value. Scientific notation is used for the y-axis. Both of our attempts at instruction prompting are unsuccessful as normalized MSE remains the same or worsens across all tasks.

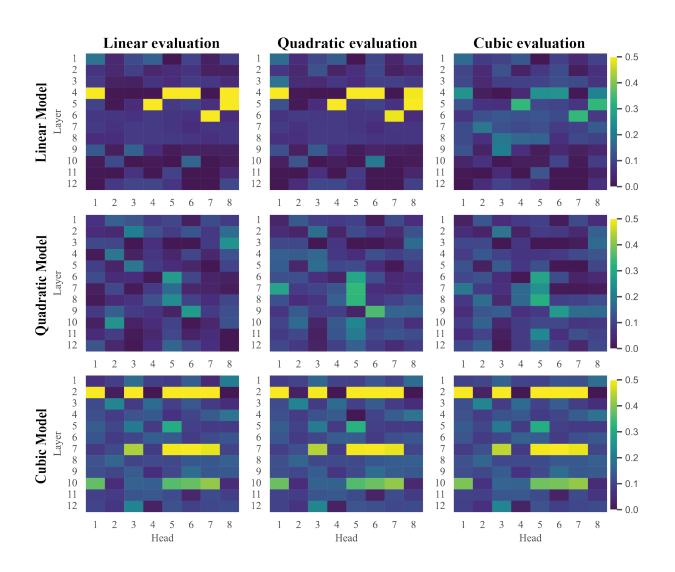


Figure 2: Attention analysis as described in Section §3.4 for the single-task function class learning models. The linear model has different attention patterns when evaluated on the linear and cubic test time dataset as it has not seen cubic examples during training. The quadratic model has no retrospective heads as it does not converge, a fact that is made clear when analyzing normalized MSE in Supplementary Figure 3. The cubic model seems to have learned the easier tasks (e.g. linear and quadratic) from learning the harder task (cubic).

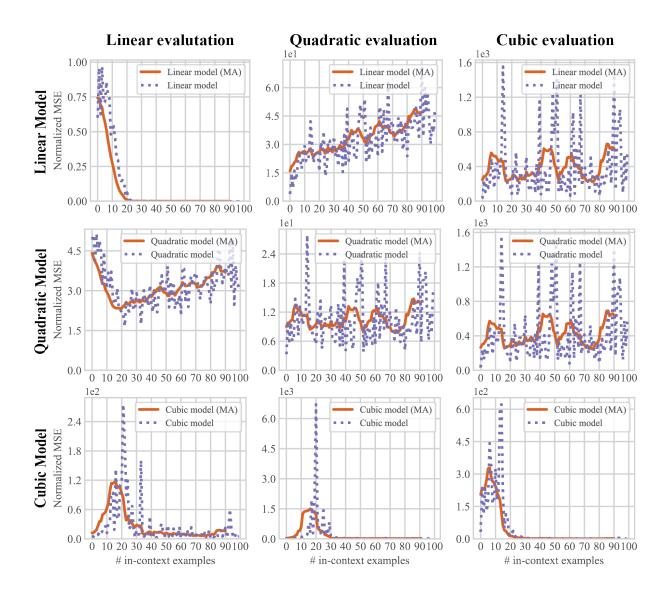


Figure 3: Normalized MSE over the number of in-context examples for the single-task function class learning models. Solid line represents the moving average (window = 10) whereas the dashed line is the true value. Scientific notation is used for the y-axis. The linear model is only able to achieve optimal MSE in the linear test time evaluation. The quadratic model never converges as it does not achieve optimal MSE in the quadratic test time evaluation, and as a result, does not perform well in the other task evaluation. The cubic model is able to achieve optimal MSE in the quadratic and cubic test time evaluation, however it struggles to perform well in the linear test time evaluation.

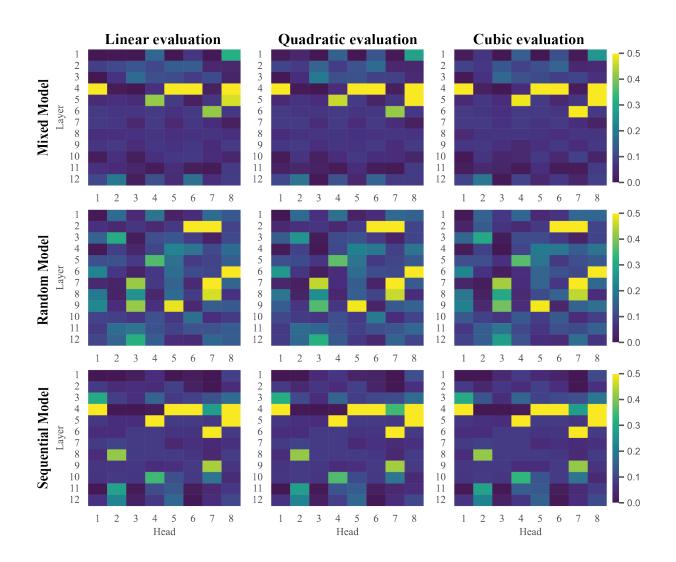


Figure 4: Attention analysis as described in Section §3.4 for the curriculum function class learning models. All curriculum models maintain the same retrospective heads across tasks.

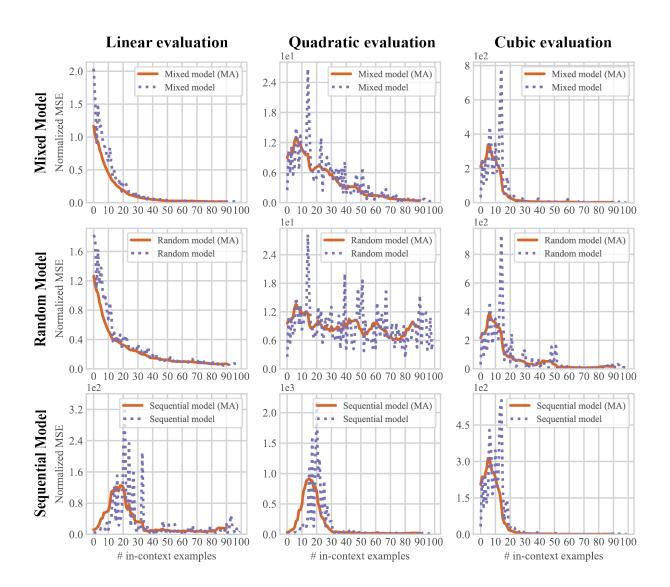


Figure 5: Normalized MSE over the number of in-context examples for the curriculum function class learning models. Solid line represents the moving average (window = 10) whereas the dashed line is the true value. Scientific notation is used for the y-axis. The mixed curriculum model outperforms the other curriculum models on all tasks. The random curriculum model performs well compared to the mixed curriculum model in linear and cubic evaluation, however it is unable to learn the quadratic function class. The sequential curriculum model is unable to learn any of the tasks.

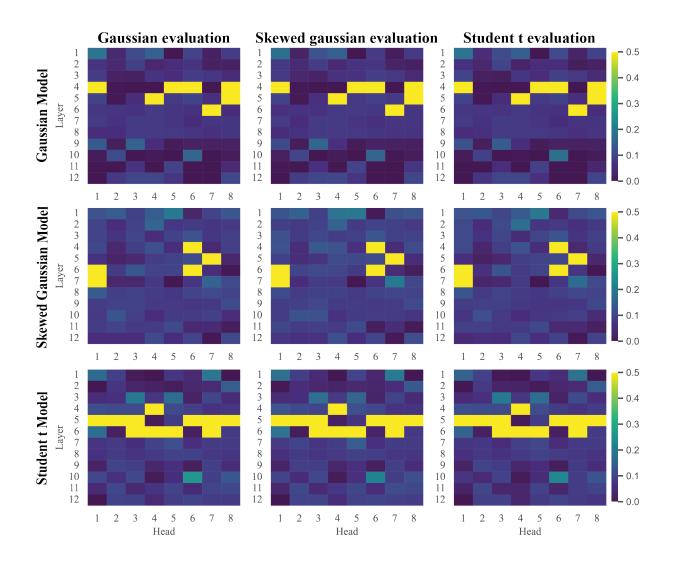


Figure 6: Attention analysis as described in Section §3.4 for the single-task distribution learning models. All single-task models keep the same retrospective heads across tasks. We hypothesize that this happens in this task and not function class learning as the $f(x_i)$ for the different distributions will be on a similar scale, which is not true in function class learning (e.g., linear will result in much smaller output than cubic).

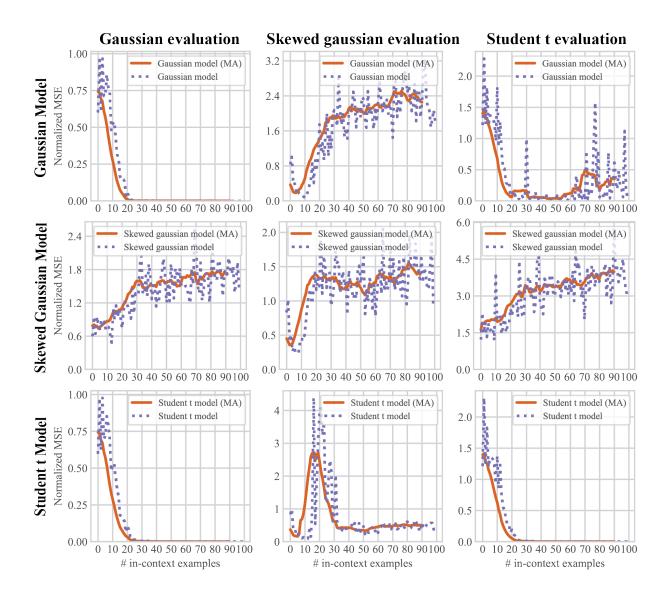


Figure 7: Normalized MSE over the number of in-context examples for the single-task distribution learning models. Solid line represents the moving average (window = 10) whereas the dashed line is the true value. Scientific notation is used for the y-axis. The Gaussian model may only be able to learn the Gaussian distribution as the skewed Gaussian and Student t distributions have tails that are too large. The skewed Gaussian model is unable to converge as indicated by the test time evaluation, resulting in poor performance in other tasks. The Student t model is able to learn all tasks relatively well as it's tailing is not as heavy as the skewed Gaussian distribution so it's able to learn the task.

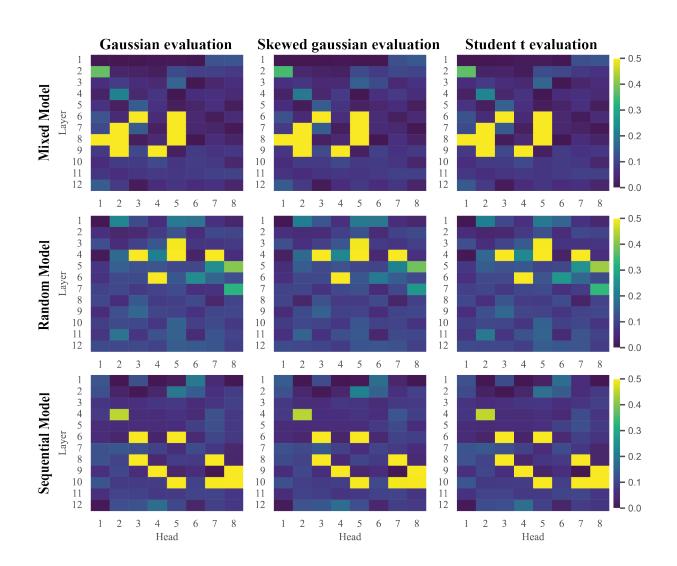


Figure 8: Attention analysis as described in Section §3.4 for the curriculum distribution learning models. All curriculum models maintain the same retrospective heads across tasks.

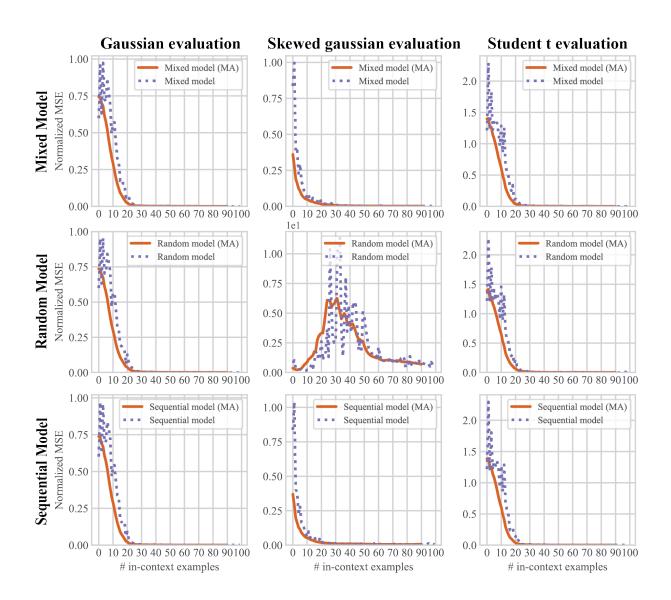


Figure 9: Normalized MSE over the number of in-context examples for the curriculum distribution learning models. Solid line represents the moving average (window = 10) whereas the dashed line is the true value. Scientific notation is used for the y-axis. All curriculum models seem to achieve optimal normalized MSE for all tasks, indicating that curriculum models are able to successfully learn several tasks.