RACER: An LLM-powered Methodology for Scalable Analysis of Semi-structured Mental Health Interviews

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Abstract

Semi-structured interviews (SSIs) are a commonly employed data-collection method in healthcare research, offering in-depth qualitative insights into subject experiences. Despite their value, manual analysis of SSIs is notoriously time-consuming and labor-intensive, in part due to the difficulty of extracting and categorizing emotional responses, and challenges in scaling human evaluation for large populations. In this study, we develop RACER, a Large Language Model (LLM) based expertguided automated pipeline that efficiently converts raw interview transcripts into insightful domain-relevant themes and sub-themes. We used RACER to analyze SSIs conducted with 93 healthcare professionals and trainees to assess the broad personal and professional mental health impacts of the COVID-19 crisis. RACER achieves moderately high agreement with two human evaluators (72%), which approaches the human inter-rater agreement (77%). Interestingly, LLMs and humans struggle with similar content involving nuanced emotional, ambivalent/dialectical, and psychological statements. Our study highlights the opportunities and challenges in using LLMs to improve research efficiency and opens new avenues for scalable analysis of SSIs in healthcare research.

1 Introduction

Semi-structured interviews (SSIs) are a widely used qualitative research method in healthcare research that provide an in-depth understanding of subjects' experiences in their own words [\(Adams,](#page-7-0) [2010\)](#page-7-0). SSIs require interviewers to ask pre-specified 'root' questions, along with the option to ask follow-up questions to gain clarity on the interviewee's responses. This flexibility is a key characteristic of SSIs, allowing for a more dynamic and responsive data collection process, especially in areas where exploratory forays are needed. The adaptability of SSIs is particularly beneficial in exploring complex or sensitive topics such as mental health. SSIs allow rapport building between interviewer and subject and facilitate candid responses on sensitive matters. The open-ended nature of follow-up questions gives subjects the freedom to reflect on experiences and articulate thoughts without judgement. This helps reveal the nuances, contradictions, and diversity of perspectives that traditional fixed quantitative surveys may overlook. However, the traditional manual analysis of these interviews is a time-consuming and resource-intensive process. The advent of Large Language Models (LLMs), such as GPT-4 [\(Lee et al.,](#page-7-1) [2023b,](#page-7-1)[a,](#page-7-2)[e\)](#page-7-3), offers a novel and efficient method to extract and interpret data from such text corpora. Yet, the validity of LLMs in analyzing emotional states may be limited in circumstances where participants express multiple emotions or conflicting (dialectical) states.

As a case-study, we leveraged data from SSIs, conducted during the peak of the COVID-19 crisis in 2020, to understand the mental well-being of 93 healthcare professionals and trainees. The COVID-19 pandemic brought to the forefront profound personal and professional challenges experienced by healthcare workers. Fear of infecting family members, grief over patient deaths, moral dilemmas in resource allocation, and anxieties about professional preparedness collectively introduced a heightened level of psychological complexity and stress in the lives of healthcare professionals. The stigma surrounding the pursuit of mental health support exacerbated these challenges, leaving healthcare workers hesitant to openly discuss their difficulties or seek assistance.

In this paper, we developed RACER, an expertguided automated pipeline that Retrieved responses to about 40 questions per SSI, Aggregated responses to each question across all subjects, Clustered these responses for each question into insightful domain-relevant Expert-guided themes [\(Lee et al.,](#page-7-4) [2023c\)](#page-7-4), and finally Re-clustered

responses to produce a robust result. Human evaluation on a subset of the total population revealed moderately high agreement [\(McHugh,](#page-8-0) [2012\)](#page-8-0) between humans and RACER outputs, and similarities between inter-human disagreement and humanmachine disagreement. We summarize our findings from applying RACER to our SSI-survey on the experiences of healthcare professionals and trainees during COVID-19, to reveal the power of this approach. Our results demonstrate both the capabilities and the limitations leveraging LLMs to efficiently process and extract insights from a large corpus of SSIs.

Related Work

Our research is related to a growing body of research that applies state-of-the-art and open-source LLMs to medical [\(Clusmann et al.,](#page-7-5) [2023;](#page-7-5) [Shah](#page-8-1) [et al.,](#page-8-1) [2023a\)](#page-8-1) and psychological text corpora [\(Stade](#page-8-2) [et al.,](#page-8-2) [2024\)](#page-8-2), with the most common and related applications being in mental health chatbots [\(Lee](#page-7-2) [et al.,](#page-7-2) [2023a\)](#page-7-2) and medical evidence summarization and documentation [\(Tang et al.,](#page-8-3) [2023a;](#page-8-3) [Wornow](#page-8-4) [et al.,](#page-8-4) [2023a;](#page-8-4) [Shah et al.,](#page-8-5) [2023b\)](#page-8-5). This literature reports broad improvements in performance over previous methods using classic Natural Language Processing (NLP) techniques in such domains [\(Raveau](#page-8-6) [et al.,](#page-8-6) [2023\)](#page-8-6) Our research is most similar to very recent work assessing the use of LLMs in psychiatric mental health assessment [\(Kjell et al.,](#page-7-6) [2024\)](#page-7-6) and thematic analysis more broadly [\(Dai et al.,](#page-7-7) [2023;](#page-7-7) [Lee et al.,](#page-7-8) [2023d;](#page-7-8) [Stefano De Paoli,](#page-8-7) [2023\)](#page-8-7), where the authors produce one-off examples of LLMs applied to specific use-cases replacing traditional research methods. In contrast, we present an expertguided, reliable, and scalable methodology for SSI analysis, and an end-to-end case study applying our methodology to a real-world dataset, to demonstrate the efficacy of our methods for mental-health and burnout related SSIs. Furthermore, our analyses reveal intriguing similarities between interhuman disagreement and the self-consistency of LLM outputs.

2 Results

Recruitment and interview of a diverse sample of healthcare professionals and trainees

Healthcare professionals and trainees across different specialties and career stages were recruited via snowball sampling method [\(Goodman,](#page-7-9) [1961\)](#page-7-9),

Table 1: Demographic Characteristics of the Study Population. Note that some categories are non-exclusive. e.g. practicing faculty are categorized under both Physi-74 cians and Other Professionals.

Figure 1: Stages of the RACER (Retrieve, Aggregate, Cluster with Expert guidance, and Re-cluster) Semi-Structured Interview (SSI) processing pipeline: First, Retrieve relevant responses to each SSI question. Aggregate responses across subjects before Clustering them into themes (and subthemes) defined by Experts. To assess robustness, Re-cluster multiple times and make assignments by majority vote. The pipeline efficiently and robustly converts SSI text into meaningful themes.

described as follows. The investigators asked colleagues if they knew of anyone willing to participate in interviews about their COVID-19 experiences. Announcements were also posted online and through professional networks. Participation was voluntary with no compensation provided. Approval was obtained from the Baylor College of Medicine (Houston, TX) Institutional Review Board. The interviews were performed by a team of two research coordinators with healthcare backgrounds, and a third-year medical student, under the supervision of the investigators.

The study population of healthcare professionals and trainees consisted of 93 subjects (51 male, 42 female) with diverse demographics (Table 1). Subjects were from 22 years to over 61 years in age, and were located predominantly in Texas. Over half were married and had children. Most subjects had no care-taking responsibilities in addition to child-care. Professionally, the sample included physicians, medical students, nurses, residents and other healthcare professionals. Subjects trained at multiple institutions, with prominent representation from Baylor College of Medicine and University of Texas systems. Various specialties were represented in the cohort, with emergency medicine, psychiatry and pulmonary/critical care among the

most common.

SSIs were conducted over videoconferencing using a standard template consisting of a total of 41 questions, including four questions that were only asked to students, and seven questions that were asked to only non-students. Questions were either *factual*, concerning demographics and personal and professional background, or *open ended*, where interviewees were asked to talk about their experiences during the COVID-19 pandemic, focusing on their exposure to the virus, work impacts, emotional responses, future outlooks, and coping strategies. Interviewees discussed how they had practiced in high-risk areas, their concerns for personal and family safety, and modifications made to their routines. They also reflected on the physical toll the crisis had taken. The impact on their work included changes in working hours, shifts in patient care quality, and altered management approaches. Emotional and psychological questions revealed how the crisis affected them emotionally, the level of support they received, family dynamics, and changes in burnout levels. Looking ahead, they pondered the crisis's short-term and long-term impacts on their careers and specialty choices. Finally, they shared their openness to seeking help for burnout or mental overwhelm and identified

potential obstacles in obtaining this help. Students were not asked clinical-practice related questions, and were instead asked about how their training was being affected by pandemic-related changes. Interviews lasted on average 26.7 +/- 8.9 s.d. minutes. When transcribed from raw interview audio into text transcripts (using Otter.AI[\(Otter.ai,](#page-8-8) [2023\)](#page-8-8)), were on average 4044.30 +/- 1348.34 s.d. words long.

RACER extracts relevant interviewee responses and robustly clusters them

We developed an LLM-based automated pipeline called RACER (Figure [1\)](#page-2-0) that converts a corpus of text SSI transcripts into insightful themes per interview question. RACER, consists of four stages, Retrieve, Aggregate, Cluster with Expert guidance, and Recluster:

Retrieve: We first structured interview transcripts by using an LLM (OpenAI's GPT-4[\(Lee](#page-7-1) [et al.,](#page-7-1) [2023b\)](#page-7-1)) to *retrieve* relevant SSI text in response to each of the questions in the interview template. (See Appendix [A](#page-9-0) for LLM prompt details) To avoid LLM 'hallucinations' [\(Tonmoy](#page-8-9) [et al.,](#page-8-9) [2024\)](#page-8-9), we asked the LLM to provide 'evidence' in the form of text quoted verbatim from the transcript, to back up its response to each question. LLM outputs missing either answers or backing evidence to any question were automatically detected and re-run.

Aggregate: For each question, we then aggregated the retrieved responses across all subjects who were asked that question.

Cluster with Expert guidance: We then asked the LLM to *semantically cluster* the responses into primary and secondary clusters ('themes' and 'sub-themes'). For most questions, we provided the LLM expert-guidance in the form of primarycluster definitions. These definitions were derived through a combination of theoretical foundations from burnout literature and practical insights from ongoing research during the COVID-19 pandemic [\(Moukaddam et al.,](#page-8-10) [2022;](#page-8-10) [Innstrand,](#page-7-10) [2022;](#page-7-10) [Edú-](#page-7-11)[Valsania et al.,](#page-7-11) [2022\)](#page-7-11). The primary clusters were selected on the basis of well-established symptom categories of burnout, such as emotional exhaustion, depersonalization/detachment, and cynicism, as well as factors exacerbated by the pandemic,

like involvement with COVID-19 patients, fear of spreading the disease, and COVID-19 induced stress. This process involved expert review of early LLM experiments, where we observed that the LLM's autonomous clustering could be too variable or too fine-grained for statistical analysis. We then designed a few primary clusters per question such that clusters were mutually exclusive and collectively exhaustive.

For questions where primary clusters were not derived from expert-guidance, we allowed the LLM to autonomously discover primary clusters. In these cases, the LLM's discovered clusters were reviewed by experts to ensure they were meaningful and useful for subsequent analysis.

The LLM discovered secondary clusters (or subthemes) automatically. Expert-provided cluster definitions were always mutually exclusive and collectively exhaustive, while those discovered by the LLM were not constrained to be so. Similar to before, invalid LLM responses, e.g. those missing cluster assignments for any subjects, were automatically re-run.

This approach thus leveraged the strengths of both expert knowledge and LLM capabilities. See Supplementary Tables [2](#page-16-0) and [3](#page-17-0) for expert-guided and LLM-discovered primary clusters respectively.

Re-Cluster: Leveraging the probabilistic nature of LLMs, we assessed the *robustness* of the clustering process by re-running it four more times, employing the same cluster definitions and validation criteria as in the initial step. We used a majority vote over 5 runs to assign subjects to clusters, to get robust cluster assignments for all downstream processing. The number of votes (3, 4 or 5 out of total 5 LLM calls) additionally provided a synthetic measure of LLM *self-consistency* [\(Kompa](#page-7-12) [et al.,](#page-7-12) [2021;](#page-7-12) [Tanneru et al.,](#page-8-11) [2023\)](#page-8-11) that we have quantified as a 'self-concordance score'. Only a very small fraction of subject-question pairs (12 out of 3342, 0.36%) had no 'self-concordant' cluster assignments after applying the majority voting process.

All together, we found that RACER was able to take unstructured transcriptions and extract relevant and insightful, clustered responses in a robust manner for downstream human analysis.

Figure 2: Human-RACER approaches resembles human-human disagreement: (A) Transcript segments from two different subjects being asked "How do you think this [COVID-19] crisis has affected you emotionally?". Responses were evaluated as either all concordant or all non-concordant between both evaluators and RACER, demonstrating the ambiguity that exists in parsing free responses. (B) The concordance ratio calculated between evaluator pairs, and between RACER and both evaluators simultaneously. Chi-squared test with Yates continuity correction between the three different evaluator pairings showed human evaluator concordance did not differ from evaluator one's concordance with RACER. * $p < 0.5$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

Human-machine disagreement approaches inter-human disagreement

To validate the output of running RACER on our SSI dataset, two human evaluators cross-checked the resulting cluster assignments for 20 randomlyselected subjects across 28 open ended questions (See Figure [2A](#page-4-0) for an example). Using the same cluster definitions as were previously used by RACER, each human evaluator (E1 and E2) independently read the raw transcript file and assigned each subject's answers to the primary clusters. Evaluator cluster assignments were then compared to RACER's robust cluster assignments. To quantify agreement, we defined a *concordance score* and a *concordance ratio* as follows: If the clusters for a given subject-question pair matched exactly (for mutually exclusive clusters), or matched partially (for mutually non-exclusive clusters) they were assigned a concordance score of 1. Conversely, mismatch was assigned a concordance score of 0. The overall concordance ratio is the proportion of matched subject-question pairs between evaluators.

We observed a concordance ratio of 78% (E1)

and 87% (E2) between each of the human evaluators and RACER, and a 77% (E1-E2) inter-rater concordance ratio (Figure [2B](#page-4-0)). When the two human evaluators and RACER were compared simultaneously, there was only a small decrease in the concordance ratio (72%), indicating that across the majority of subject-question pairings, cluster assignments produced by humans and RACER were all in agreement. (See Appendix [A](#page-9-0) for additional details)

Machine "confusion" resembles human confusion

We examined the self-concordance produced by RACER per subject-question pair to see how it might affect the subject-question pair's inter-rater concordance (Figure [3\)](#page-5-0).

Amongst the 443 subject-question pair sample evaluated by humans, 392 (87.7%) had a selfconcordance of 1 (5 of 5 repeated primary clusters), which was not different proportionally to that of the whole population: 88.2% (1852 of 2099 subject-question pairs), thus RACER's self-

Figure 3: RACER "self-concordance" correlates with inter-evaluator concordance and reveals areas of human disagreement: (A) Distribution of the proportion of subject-question pair self-concordance, calculated as the fraction of identical primary cluster assignments across five runs. The self-concordance for the subject-question pairs reviewed by human evaluators (20 subjects) were not significantly different from those for all subject-question pairs (93 subjects), as determined by a Chi-squared test. (B) Average RACER self-concordance for each question $(n = 93)$ show a significant correlation with the concordance between evaluator pairs for the same questions $(n = 15)$ 20), using Spearman Rank correlation. (C) Comparison of RACER self-concordance within concordant versus nonconcordant subject-question pairs between human evaluators. The Chi-squared test indicates significant differences in the distribution of self-concordance between these groups. Correlation significance: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

concordance across the evaluated 20 subjects was representative of its general performance in primary cluster assignment. When RACER's average selfconcordance across all subjects for a given question was correlated with the question's inter-rater concordance from the 20 human evaluated subjects, there was a significant and positive correlation between self- and inter-rater concordance. Additionally, we observed that the self-concordance of subject-question pairs that had inter-rater concordance were higher than those that did not regardless of the rater pair compared: human evaluators or RACER.

Interestingly, when we juxtaposed RACER self-concordance against human-human inter-rater concordance, we observed that RACER selfconcordance was lower when humans were nonconcordant. This suggests that areas where RACER was less self-concordant or 'confused' were also areas where human evaluators tended to disagree. Thus the RACER self-concordance generated via repeated clustering could also serve as an indicator of ambiguity or difficulty of understanding the semi-structured interview and parsing human freeresponses.

3 Insights using RACER on healthcare worker experience during COVID-19

We summarize RACER-derived insights from analyzing our 93-subject SSI corpus in Appendix [B.](#page-11-0)

4 Discussion

Summary

Our study demonstrates the utility of RACER for efficiently analyzing semi-structured interviews (SSIs), particularly those exploring complex mental health topics within the healthcare domain. We introduce a novel approach by employing RACER to analyze emotions and psychological behaviors, opening new possibilities for exploration in mental health. By providing expert-guided constraints and using automated response validation steps, RACER accurately extracts and robustly clusters relevant responses from interview transcripts. Automating these laborious manual tasks significantly enhances the scalability of SSI analysis. The inter-rater agreement between LLM-assigned clusters and human expert clusters further bolsters our claims. The automated pipeline achieved moderately high concordance compared with manual evaluation by human annotators. The overall concordance ratio of 0.72 for RACER versus both human evaluators approaches the 0.77 concordance ratio between the two human evaluators.

The robust semantically clustered summary of the SSI corpus is useful to researchers in multiple ways: Clusters reveal common themes and experiences across the population, allowing identification of major issues and concerns. The quantitative breakdowns by cluster provide an overview of the distribution of different sentiments and impacts. These could potentially be used for clinical applications such as early burnout detection, and operational improvements through triage of targeted interventions and support. Since semi-structured textual data has been converted to structured data, comparisons between subgroups (e.g. by demographics or professions) can be used to identify disparities and facilitate equitable allocation of resources. RACER also enables large-scale, multisite analyses of SSIs by providing a consistent and reproducible methodology for extracting insights from free-text responses, reducing inconsistencies arising from inherent variability between human evaluators across different sites.

Limitations

Our findings reveal both the promises and current pitfalls of LLMs for SSI analysis. We found that when RACER struggled with robust clustering, both humans and machines were more likely to be non-concordant, suggesting shared limitations in handling complex emotions or psychologically nuanced statements [\(Boag et al.,](#page-7-13) [2021\)](#page-7-13) or ambiguity of the underlying SSI. This underscores the indispensable role of human expertise in reviewing and interpreting LLM outputs, where RACER's self-concordance can guide expert scrutiny.

While RACER provided evidence in the form of quoting relevant interview text to support its response in the Retrieval step, the underlying methodology remains opaque. In contrast, human evaluators were able to describe their techniques, even if subjective. For instance, humans considered different amounts of contextual information outside the question scope, and inferred subject intentions to varying degrees, i.e. whether the subject needed to explicitly say certain phrases, or if they could be inferred from previous statements or knowledge of the subject matter. An LLM's ability to consider large amount of contextual information can be a double-edged sword; beneficial if relevant information appears elsewhere in the transcript, but misleading if the research is indeed directed towards a narrow window of text around the question.

We demonstrated that LLMs can help discover knowledge by automatically extracting themes and topics from subject responses. However, good performance requires clear, mutually exclusive category definitions. We found it highly useful to involve domain experts early to precisely define mutually exclusive thematic clusters. For certain questions, where succinct mutually exclusive categorization was not possible, we chose to use LLMdiscovered clusters. However, validation of such non-exclusive categorization is challenging. Our results showed higher LLM accuracy and interrater agreement for questions with non-overlapping expert-defined clusters versus those allowing multiple clusters.

Additionally, human evaluators exhibited biases, such as default cluster tendencies requiring countering evidence (e.g. starting from a default of 'no' and requiring evidence to switch to a 'yes', or vice versa). Thus, expert human analysis also demonstrates cognitive variability and individual biases. Rather than definitive classifications, both human and machine outputs should be considered informed yet inherently biased perspectives on complex qualitative responses [\(Atari et al.,](#page-7-14) [2024\)](#page-7-14). Thus, in the future, clearly delineating the parameters of evaluations with humans and RACER may improve concordance.

While RACER's cluster assignments may deviate slightly from human reviewers, RACER was internally consistent and demonstrated high clustering repeatability for most questions. Furthermore, unlike humans, RACER was able to efficiently process an extensive dataset of 93 subjects and can scale to significantly larger data set sizes that would otherwise be infeasible for human evaluators to handle.

Future work

For researchers undertaking projects in this emerging domain, both optimism and caution are warranted [\(Badal et al.,](#page-7-15) [2023;](#page-7-15) [Dash et al.;](#page-7-16) [Chiu](#page-7-17) [et al.,](#page-7-17) [2024;](#page-7-17) [Tang et al.,](#page-8-12) [2023b;](#page-8-12) [Wornow et al.,](#page-8-13) [2023b;](#page-8-13) [Shah et al.,](#page-8-5) [2023b\)](#page-8-5). With appropriate constraints and validation, LLMs can accelerate knowledge extraction from SSIs. We implemented safeguards against hallucination risks like requiring verbatim textual evidence for an answer, which

constrained the LLM to mostly avoid fabricating content. While this is already an area of active research, the possibility of a few false positives remains and needs to be accounted for in downstream use.

While evaluation of LLM outputs through comparison to multiple human raters is helpful, interrater agreement must also be looked at to assess inherent ambiguity. To further improve performance, we recommend specialized training for both SSI interviewers and human evaluators.

We found it useful to generate an ensemble of LLM clustering outputs from repeated runs, and used it to extract robust cluster assignments and to get a measure of model uncertainty. Future work exploring this direction could produce useful methods that help build trust in LLM-assisted analyses and inform human-in-the-loop processes for highstakes applications [\(Bienefeld et al.,](#page-7-18) [2023\)](#page-7-18).

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APPENDICES

A Methods

Semi-structured interviews

Study was approved by the Baylor College of Medicine (Houston, TX) Institutional Review Board [Protocol H-47690]. Consent was obtained by reading the consent text and documenting approval to participate, as the interviews were virtual. All interviewees were adults. Interviewers were provided with a standard template to guide their discussions. The subjects were all healthcare professionals or trainees, including physicians, nurses, and medical students. The interviews followed a semi-structured format, where the interviewers were instructed to cover a previously decided list of questions, and were allowed to ask exploration questions if the 'root' question was not answered. The questions covered in the SSIs are listed in Appendices [2](#page-16-0) and [3.](#page-17-0) Raw audio and video interview files were transcribed into text format using the Otter.AI transcription service [\(Otter.ai,](#page-8-8) [2023\)](#page-8-8). Out of 100 interviews conducted, 7 were compromised due to data-corruption/loss issues, providing a total of 93 transcriptions for further processing. Voice to text transcription was carried out using Otter.AI[\(Otter.ai,](#page-8-8) [2023\)](#page-8-8), which attempts to perform automated speaker diarization, but does not do so perfectly. To the best of our knowledge, this shortcoming did not seem to influence the subsequent processing steps.

RACER

We used the OpenAI GPT-4 LLM for all our work, except for prompts which exceeded GPT-4's limits, where we used GPT-4-32k.

Retrieval: In this step, the model was tasked with retrieving relevant responses for each question from a predefined list of questions (listed in Appendix [E\)](#page-19-0) from the transcript. The prompt for the LLM consisted of instructions and a template consisting of the aforementioned list of questions and what format each question's response should be in, followed by the entire SSI transcript. The full prompt is detailed in Appendix [E.](#page-19-0)

LLM Response Validation for Retrieval: By asking the LLM to respond in a structured format, we could partially automate the process of verifying the LLM's response. The LLM is called once for each subject, and then the response is parsed using the Python Pandas library. The LLM's response is marked invalid if it is ill-formatted (not parsable in tab-separated-values format) or incomplete (wrong number of rows, i.e. questions, or columns, i.e. incomplete response). The LLM is called again on invalid responses till the LLM returns a valid response. We found that at most 4-5 (5%-6%) subjects would have invalid responses in the first attempt, and in total, we were making about 10% additional calls to get valid responses for all subjects. The most common issues were that the LLM would sometimes be incomplete (skip questions, end output before final question) and sometimes use the specified tab-delimiter incorrectly.

Cluster with Expert guidance: In this step, we employed a semantic clustering approach which grouped responses based on the underlying themes or sentiments ("semantic clusters") they conveyed.

Expert Guidance: In preliminary explorations, we found that the LLM is able to automatically generate interesting semantic clusters from a list of the subjects' responses without additional human guidance. We observed that these clusters could change between subsequent LLM calls, could be mutually non-exclusive (subjects could belong to multiple clusters), and could be too fine-grained for statistical analysis. However, in many cases (29 out of \approx 40 questions, see Appendix [C\)](#page-16-1), we felt like it was important to exercise more control over the LLM's response to improve response robustness, to facilitate statistical analysis and for easier human evaluation. So, we provided expert guidance in the form of a list of primary clusters or "themes" (defined on a per-question basis), which were included in the prompt using a template (detailed in Appendix [F\)](#page-21-0). Secondary clusters or "sub-themes" were discovered automatically by the LLM. Each subject's response was mapped exclusively to one primary cluster and could furthermore be associated with one or more secondary clusters.

LLM Response Validation for Clustering: The LLM returned two lists in its response: one of the cluster labels and their definitions, and the other of the cluster-labels (single or two-level clustering) assigned to each subject. The LLM was called once for each of 40 questions, and these responses were parsed using the Python Pandas library. A LLM response is marked invalid if it was ill-formatted (not in tab-separated-values format) or incomplete. The LLM was called again on invalid responses till the LLM returned a valid response. We found that almost 20 questions would have invalid responses in the first attempt, and in total, we were making almost 80% additional calls to get valid responses for all questions. We suspect that the rate of invalid responses in this step is higher than in the previous step due to the added complexity of the task i.e. the response needs to first produce a valid clustering-schema, and then additionally assign each of 93 subjects to the clusters according to the clustering schema.

Recluster: We repeated the above clustering step four additional times using a prompt similar to the previous clustering prompt (detailed in Appendix [G\)](#page-25-0). In this reclustering step, we used the same cluster definitions as were used in the previous steps, that is, a mix of expert-defined and LLM-generated (but expert-reviewed) cluster definitions. As in the original clustering, any invalid LLM responses were automatically detected and re-processed until a valid response was obtained. For the final cluster assignments used in downstream analysis, we applied a majority vote rule based on the 5 clustering repetitions. That is, each subject was assigned to the cluster they most commonly belonged to across the trials. This approach helps make the cluster assignments robust to the occasional variability in the LLM outputs. In a few cases $\langle \, 1 \rangle$ of all subject-question pairs), this process failed to find any cluster assignments that passed the majorityvote.

Human evaluation of LLM responses

Our study employed human evaluation to verify the alignment between RACER-generated clusters and human interpretation, utilizing two independent evaluators who analyzed the responses of 20 randomly selected subjects from a pool of 93. Each evaluator individually reviewed the raw interview transcript files for the selected 20 subjects and used the same cluster definitions as RACER to assign subjects to clusters. Human evaluators spent approximately 30 minutes per subject on average for a comprehensive review and categorization of

the responses. This time investment reflects the thoroughness and attention to detail applied by the evaluators in their analysis, and also highlights the limits of this process to scale to large study populations. To validate the semantic clustering results produced by the LLM, each human evaluator compared their assigned scores with those generated by the LLM. An inter-rater comparison was also conducted, involving a detailed examination of the scores and evaluations independently made by both human evaluators (E1 and E2) for the same set of subjects. Concordance scores of 1 were assigned to clusters that precisely matched or were sub- or super-sets of each other, while discrepancies received a concordance score of 0. The overall concordance ratio represented the proportion of clusters aligning between the evaluators.

Additionally, the evaluators' findings were juxtaposed with RACER's cluster assignments to gauge both inter-evaluator consistency and the degree of correspondence with the LLM's outcomes. We also compared the use of Cohen's kappa coefficient with our concordance score and found them to be similar. Due to the nature of the comparison across questions which varied in the number of possible clusters as well as probability of different cluster assignment across questions, the concordance scores were used as they better described the intended comparisons. Instances where RACER did not produce any robust cluster assignments were categorized as 'mismatch' during the evaluation process.

B Insights using RACER on healthcare worker experience during COVID-19

Here we summarize the insights gleaned from analyzing SSIs with 93 subjects using RACER.

COVID-19 exposure, response, work impact and work changes:

The vast majority of practicing healthcare professionals reported having professional contact with COVID-19 patients in the past two months. Most subjects expressed safety concerns for themselves and loved ones, especially regarding viral exposure risks. Common protective measures adopted included heightened hygiene practices, using personal protective equipment, limiting travel and social interactions, and modifying routines at work and home to minimize transmission risks. Over half of the subjects reported physical tolls from the crisis, frequently citing exhaustion, disturbed sleep, and dietary changes (Figure [4\)](#page-12-0).

Most subjects felt personally prepared to handle the pandemic, attributing this largely to their medical knowledge, experience, and ability to adapt. Assessment of institutional preparedness was more varied, with around 60% expressing their hospital/unit was prepared, but around 25% felt improvements were still needed.

Working hours markedly increased for most subjects during the pandemic, with over 80% reporting working more than 40 hours per week compared to pre-COVID times. For many, this resulted from escalations in patient load and administrative duties. Approaches to patient management also evolved, with the vast majority of practicing healthcare professionals stating their methods differed from usual practices. This included increased reliance on technology, more precautions with patients, and adjustments to treatments due to COVID-19. Most still felt capable of handling the situation professionally, though some desired more protections and support systems.

Among students and trainees, the majority believed they adhered closely to the Hippocratic oath during the pandemic. Their views on their educational institution's policies regarding medical students' roles during that time were divided, with half in agreement and others expressing mixed or negative sentiments, reflecting a spectrum of perspectives on the adequacy and effectiveness of institutional responses to the crisis.

Emotional and psychological impact, and support and coping strategies

The COVID-19 crisis negatively affected the emotional state of most subjects, with many reporting feelings of anxiety, stress, sadness, or anger. However, around 25% indicated a mix of both positive emotions like gratitude as well as negative feelings. Despite those challenges, the overwhelming majority felt supported by peers and family, suggesting strong social networks within and outside the workplace. Family dynamics had been affected for some, with around a quarter reporting increased family problems during the pandemic. This data underscored the profound emotional and psychological effects of the crisis on healthcare professionals, juxtaposed with the resilience and support systems that helped them navigate these challenges.

In regards to burnout, over 60% of subjects assessed their pre-pandemic burnout as low or mild. When asked about current burnout, around 40% still reported mild or no burnout, but the percentage reporting severe burnout rose from around 15% pre-pandemic to 20% during the crisis. If feeling burned out, nearly 90% stated they would seek help, with most mentioning professional resources like counseling. Over 60% also reported they would seek professional help if feeling mentally overwhelmed, with therapists and workplace programs being commonly cited options. However, around 45% still anticipated obstacles in getting help, including logistical barriers and stigma concerns (Figure [5\)](#page-13-0).

Future considerations and professional outlook

When asked about near-term impacts, over 50% expressed concerns about anticipated difficulties, health risks, economic instability, and significant lifestyle changes. However, around 15% hoped for new opportunities and growth resulting from the crisis. Looking 5 years ahead, around 20% expected advancements in healthcare practices and systems due to learned lessons. Though nearly 10% feared lingering personal and professional impact. Among non-students considering job changes, around 15% expressed an immediate willingness to switch fields while around 18% would change contingent on worsening conditions.

Regarding effects on career plans, 35% of students reported the crisis has impacted their spe-

Figure 4: Aggregated interview responses to selected questions about safety concerns arising from COVID-19 exposure, work impact, and medical management decisions. Error bars reflect cluster-assignment variability arising from re-clustering step in RACER. Bar plot labels are primary clusters.

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 (B)

Figure 5: Aggregated interview responses to selected questions about emotional and psychological impact, and support and coping strategies. Error bars reflect cluster-assignment variability arising from re-clustering step in RACER. Bar plot labels are primary clusters.

Figure 6: Aggregated interview responses to selected questions about future considerations and professional outlook, as it relates to working in healthcare during or after the pandemic. Error bars reflect cluster-assignment variability arising from re-clustering step in RACER. Bar plot labels are primary clusters.

cialty choices or work preferences. Specifically, around 20% described reconsidering their specialty choice due to the pandemic. Another 15% mentioned shifting their preferences regarding research involvement, practice locations, and other factors. However, 50% of students stated the crisis has not affected their professional plans or specialty decisions. Over 50% of students explicitly stated adherence to their Hippocratic oath obligations, while 10% conveyed adherence through descriptions of their clinical actions and interventions. Of students agreeing with their school's pandemic policies, 40% expressed unqualified agreement and 10% provided positive justifications. However, around 15% agreed tentatively due to concerns over student safety and curriculum changes (Figure [6\)](#page-14-0).

C Interview questions and associated expert-guided primary clusters

Table 2 continued from previous page

D Interview questions with LLM-discovered primary clusters

Table 3: LLM-discovered (but expert-reviewed) Primary Clusters for remaining questions. Q1-Q13 and Q18 are *factual*, remaining are *subjective*. Q14-41 underwent human evaluation.

Table 3 continued from previous page

E Prompt 1: Retrieving relevant responses from interview transcripts

```
Here is a template (tab-separated-values) of an interview (conducted
  \rightarrow in 2020) between an interviewer and a healthcare professional
  \hookrightarrow or medical student.
Populate the 'answer' column of the template below using the
   \rightarrow interview transcript appended after the template.
Be sure to note any positive , negative or neutral emotions expressed
  \rightarrow by the interviewee in the answer.
If a template question was not asked in the appended transcript ( or
   \rightarrow is not applicable), the answer should be "NA".
For the last 'evidence' column, provide evidence, by quoting verbatim
   \leftrightarrow (except for newlines) the parts of the transcript that were
   \rightarrow most relevant to answering the question.
question_number question answer evidence
1 How old are you? [numeric]
2 Where do you live? [city, state, country]
3 What is your marital status? [single/married/divorced/
  \rightarrow widowed/etc]
4 Do you have kids? [yes/no]
5 If you do have kids, provide details [details]
6 Are you a caretaker otherwise? (if not own kids, eg elderly
  \rightarrow parents, adopted family member, etc) [yes/no; details]
7 What type of healthcare professional or student/trainee are
  \rightarrow you? [details]
8 If student or trainee, what year are you in? [year of
   \rightarrow program]
9 What institution did you complete your (or are currently)
   \rightarrow training at? [name and location of institution]
10 If you are a physician, did you train in the US at any point?
   \leftrightarrow [ yes/no]
11 What is your specialty ( if student , what specialty are you
  \rightarrow thinking of)? [details]
12 How long have you been practicing? [in years, or NA for
   \rightarrow student]
13 Over the past two months, have you practiced clinically in
  \rightarrow areas where you could be in touch with patients who have covid<br>
\rightarrow -19? [yes/no]
           [ yes/no ]
14 Are you concerned about your safety, and how? [yes/no;
   \rightarrow details]
15 Are you concerned about safety of loved ones, and how? [yes/
  \rightarrow no; details]
16 Have you modified your routine to protect yourself or others ,
  \rightarrow and how? [yes/no; details]
17 Has this crisis taken a toll on you physically in any way?
   \leftrightarrow [yes/no; details]
18 How many hours are you working on average (per week) nowadays
   \rightarrow ? [numeric]
19 How has your working schedule and logistics changed? [
   \leftrightarrow details]
20 How do your working hours compare to pre - covid -19 crisis ?
```
 \leftrightarrow [details] 21 How do think the covid -19 crisis has affected the quality of \leftrightarrow patient care? [details] 22 How has it changed your approach to management? (different \rightarrow from usual, at odds with existing guidelines, may not be as \rightarrow effective, etc.) [details] 23 Are your processes different for end-of-life decisions? Do \rightarrow you have to take people off ventilator more frequently? \rightarrow details] 24 How prepared do you feel for the COVID -19 pandemic on a \rightarrow personal level? [details] 25 How prepared do you feel the unit / hospital is for the COVID \rightarrow -19 pandemic? [details] 26 How do you think this crisis has affected you emotionally ? ,→ [note emotions recognized from interviewee ; details] 27 Do you feel supported by peers and/or family during this time \rightarrow ? [details] 28 Have you had more problems with family during this time ? \leftrightarrow [details] 29 Before this crisis , if someone asked you about your burnout \rightarrow level, what would you have answered? [score (e.g. 6 out \rightarrow of 10) and/or details] 30 How burned out do you feel nowadays (during the ongoing COVID \rightarrow crisis)? [score (e.g. 6 out of 10) and/or details] 31 How do you feel about working from home OR at the frontlines? \rightarrow [Home/Frontlines/Other; details] 32 Do you feel you should be able to handle this as a healthcare → professional? [yes/no; details] 33 What impact do you see this crisis having on you in the near \rightarrow future? [details] 34 What impact do you see this crisis having on you about five \rightarrow years from now? [details] 35 Would you seek help if you felt burned out? How? [yes/ \leftrightarrow no; details] 36 Would you change jobs or career trajectories? [yes/no; \rightarrow details] 37 Has this crisis affected your specialty decision or career \rightarrow plans in any way? [yes/no; details] 38 Would you get (professional or other) help/care if you felt \rightarrow mentally overwhelmed? How? When? [yes/no; details] 39 Any obstacles you foresee in getting help if you needed to ? \leftrightarrow [yes/no; details] 40 If student or trainee , how closely do you feel that you are \rightarrow adhering to the Hippocratic oath during this time? [closely/ \rightarrow not-closely; details] 41 If student or trainee , do you agree with your school 's \rightarrow policies regarding medical students' roles at this time? [yes/ \leftrightarrow no; details]

TRANSCRIPT :

[Interview Transcript Appended]

F Prompt 2: Template for semantic Clustering of responses aggregated across all subjects

Out of 41 questions in our template in [E,](#page-19-0) 29 questions had expert-provided templates that defined the primary clusters but left secondary-cluster definitions to the LLM. Two questions (Q14, Q16) used LLMdiscovered (but expert-reviewed) single-level clustering with non-exclusive membership. The following Python code shows the template used for generating the prompt associated with each question (note the use of zero-indexing):

```
TEMPLATE = """ Cluster the responses in the table below at two levels .
Top level clusters must be { clusters }.
Top level clusters have mutually - exclusive cluster membership .
For the next level, cluster the responses from subjects belonging to
   \rightarrow each top-level cluster highlighting the common theme per
   \leftrightarrow cluster.
Subjects can belong to multiple clusters at this level.
Your response should be in tab-separated-values format, with the
   \hookrightarrow following columns:
subject_id top_level_cluster_id secondary_cluster_ids
Example output line :
C -002 C1 " C1 .1 , C1 .2 , C1 .4"
Start your response by defining each top and secondary cluster in tab
   \leftrightarrow -separated-values format, with columns:<br>ster_id cluster_name cluster_description
cluster_id cluster_name
Note that some subject_ids may not be present in the prompt, and so
   \rightarrow should also not be present in your response.
Provide both the (tab-separated) cluster-definitions table and the (
   \rightarrow tab-separated) cluster-assignments table in your response.
\ln"""
prompts = \{" default": """ Cluster the responses in the table below
        \rightarrow highlighting the common theme per cluster.
Group subjects that provide unclear , irrelevant , or no responses into
   \rightarrow a separate "excluded" cluster.
Subjects can belong to multiple clusters . Your response should be in
   \leftrightarrow tab-separated-values format,
with the following columns: subject_id, cluster_ids
Example output line :
subject_id cluster_ids
C - 002 " C2, C3"
Start your response by defining each cluster in tab-separated-values
   \hookrightarrow format, with columns:
cluster_id , cluster_name , cluster_description
Note that some subject_ids may not be present in the prompt, and so
```
 \rightarrow should also not be present in your response.

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```
Provide both the (tab-separated) cluster-definitions table and the (
   \rightarrow tab-separated) cluster-assignments table in your response.
\ln"",
    0: TEMPLATE . format (
         clusters="(1) Young Adults (22 to 33), (2) Middle-aged Adults
             \rightarrow (34 to 45), (3) Older Adults (46 to 60), (4) Seniors
             \rightarrow (61 and above), and (5) Unclear/irrelevant/no response"
    ) ,
    1: TEMPLATE . format (
         clusters ="(1) Houston , Texas , (2) San Antonio , Texas , (3)
             \rightarrow Texas (Other), (4) Florida, (5) Mid-West US, (6) US (
             \rightarrow Other) and (7) Unclear/Excluded/No response"
    ) ,
    2: TEMPLATE . format (
         clusters ="(1) Not currently married , (2) Married currently ,
            \rightarrow and (3) Unclear/Excluded/No response"
    ) ,
    14: TEMPLATE . format (
         clusters ="(1) Yes , (2) No , and (3) Unclear / irrelevant / no
            \leftrightarrow response"
    ) ,
    16: TEMPLATE . format (
         clusters="(1) Yes, (2) No, and (3) Unclear/irrelevant/no
            \leftrightarrow response"
    ) ,
    # 17: Numeric : How many hours are you working on average ( per
        \leftrightarrow week)?
    17: TEMPLATE . format (
         clusters="(1) Full-time, (2) Less than Full-time, (3) More
             ,→ than Full - time , and (4) Unclear / Excluded / No response "
    ) ,
    18: TEMPLATE . format (
         clusters ="(1) Increased hours , (2) Decreased hours , (3) No
             \leftrightarrow change, (4) Other, and (5) Unclear/irrelevant/no
            \leftrightarrow response"
    ) ,
    # 19: How does this compare to pre-covid-19 crisis?
    19: TEMPLATE . format (
         clusters ="(1) Increased hours , (2) Decreased hours , (3) No
             \rightarrow change, (4) Other, and (5) Unclear/irrelevant/no
            \leftrightarrow response"
    ) ,
    20: TEMPLATE . format (
         clusters="(1) Better, (2) Worse, (3) No-change, (4) Other and
            \leftrightarrow (5) Unclear/irrelevant/no response"
    ) ,
    21: TEMPLATE . format (
         clusters ="(1) Changed , (2) No change , (3) Fluctuating /
             \rightarrow uncertain change, and (4) Unclear/irrelevant/no
            \rightarrow response"
    ) ,
    22: TEMPLATE . format (
```

```
clusters="(1) Yes, (2) No, and (3) Unclear/irrelevant/no
        \leftrightarrow response"
\lambda.
23: TEMPLATE . format (
    clusters ="(1) Prepared , (2) Unprepared , and (3) Unclear /
        \rightarrow irrelevant/no response"
) ,
24: TEMPLATE . format (
    clusters ="(1) Prepared , (2) Unprepared , and (3) Unclear /
        \rightarrow irrelevant/no response"
) ,
25: TEMPLATE . format (
    clusters="(1) Positively (e.g. excitement), (2) Negatively,
        \rightarrow (3) Mix of Positively and Negatively, (4) Neutral, and
        \leftrightarrow (5) Unclear/irrelevant/no response"
) ,
26: TEMPLATE . format (
    clusters="(1) Yes, (2) No, (3) Mixed, (4) Fluctuating over
        \rightarrow time and (5) Unclear/irrelevant/no response"
) ,
27: TEMPLATE . format (
    clusters="(1) Yes, (2) No, and (3) Unclear/irrelevant/no
        \leftrightarrow response"
),
28: TEMPLATE . format (
    clusters="(1) No/Mild (e.g. 1, 2 or 3 out of 10), (2)
        \rightarrow Moderate (e.g. 4, 5 or 6 out of 10), (3) Severe (e.g.
        \rightarrow 7, 8, 9 or 10 out of 10), and (4) Unclear/irrelevant/no
        \leftrightarrow response"
) ,
29: TEMPLATE . format (
    clusters="(1) No/Mild (e.g. 1, 2 or 3 out of 10), (2)
        \rightarrow Moderate (e.g. 4, 5 or 6 out of 10), (3) Severe (e.g.
        \rightarrow 7, 8, 9 or 10 out of 10), and (4) Unclear/irrelevant/no
        \leftrightarrow response"
) ,
30: TEMPLATE . format (
    clusters="(1) Positively (e.g. excitement), (2) Negatively,
        \rightarrow (3) Neutral/Mixed and (4) Unclear/irrelevant/no
        \leftrightarrow response"
) ,
31: TEMPLATE . format (
    clusters="(1) Yes, (2) No, (3) Mixed, and (4) Unclear/
        \rightarrow irrelevant/no response"
) ,
32: TEMPLATE . format (
    clusters ="(1) Positive , (2) Negative , (3) Neutral / Mixed and
        \leftrightarrow (4) Unclear/irrelevant/no response"
) ,
33: TEMPLATE . format (
    clusters ="(1) Positive , (2) Negative , (3) Neutral / Mixed and
        \leftrightarrow (4) Unclear/irrelevant/no response"
```

```
) ,
34: TEMPLATE . format (
    clusters="(1) Yes, (2) No, and (3) Unclear/irrelevant/no
        \leftrightarrow response"
),
35: TEMPLATE . format (
    clusters="(1) Yes, (2) No, and (3) Unclear/irrelevant/no
        \leftrightarrow response"
) ,
36: TEMPLATE . format (
    clusters ="(1) Yes , (2) No , and (3) Unclear / irrelevant / no
        \leftrightarrow response"
),
37: TEMPLATE . format (
    clusters ="(1) Yes will get professional help , (1) Yes but not
        \rightarrow professional help, (3) Mixed, (4) Will not seek/get
        \leftrightarrow help and (5) Unclear/irrelevant/no response"
) ,
38: TEMPLATE . format (
    clusters="(1) Yes, (2) No, and (3) Unclear/irrelevant/no
        \leftrightarrow response"
) ,
39: TEMPLATE . format (
    clusters ="(1) Adhering Closely , (2) Not adhering closely OR
        ,→ Adhering conditionally , and (3) Unclear / irrelevant / no
        \leftrightarrow response"
) ,
40: TEMPLATE . format (
    clusters="(1) Yes, (2) No, (3) Mixed/Conditionally, and (3)
        ,→ Unclear / irrelevant / no response "
) ,
```
}

G Prompt 3: Re-Clustering using previously defined clusters

```
Cluster the responses in the table below highlighting the common
   \leftrightarrow theme per cluster.
Group subjects that provide unclear , irrelevant , or no responses into
   \rightarrow a separate "excluded" cluster.
Subjects can belong to multiple clusters. Your response should be in
   \leftrightarrow tab-separated-values format,
with the following columns: subject_id, cluster_ids
Example output line :
subject_id cluster_ids
C - 002 " C2, C3"
Note that some subject ids may not be present in the prompt, and so
   \rightarrow should also not be present in your response.
Provide both the (tab-separated) cluster-definitions table and the (
   \leftrightarrow tab-separated) cluster-assignments table in your response.
subject_id are you a caretaker otherwise? (if not own kids, eg
   \rightarrow elderly parents, adopted family member, etc)<br>
\rightarrow No
C001
C002 No
C003 No
C004 No
C005 No
...
C086 Yes, looks after his mother-in-law's finances
C087 No
C090 Yes; Partial caretaker for parents
C099 No
C100 No
C101 No
C102 No
Use the following cluster definitions (Do not repeat this in output):
cluster_id cluster_name cluster_description
C1 Caretakers of Family Members Subjects who responded that
   \hookrightarrow they take care of relatives (elderly parents, children,
   \rightarrow siblings or others).<br>Caretakers of Animals
C2 Caretakers of Animals Subjects who take care of animals .
C3 Partial Caretakers Subjects who participate in
   \rightarrow caretaking but not as primary caretakers.
C4 Financially Supportive Subjects who provide financial
   \rightarrow support instead of physical caretaking.
C5 No Caretaking Responsibilities Subjects who stated that they
   \leftrightarrow do not take care of anyone.<br>Excluded Responses
C6 Excluded Responses that are unclear, irrelevant, or
   \rightarrow did not provide a response to the question.
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