

SELECT2REASON: Efficient Instruction-Tuning Data Selection for Long-CoT Reasoning

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Abstract

A practical approach to activate long chain-of-thoughts reasoning ability in large language models is to perform supervised fine-tuning on instruction datasets synthesized by strong large reasoning models, offering a cost-effective alternative to reinforcement learning. However, large-scale instruction sets incur significant training overhead, while effective strategies for automatic data selection still remain unexplored. We propose **SELECT2REASON**, a novel and efficient instruction-tuning data selection framework for long-CoT reasoning. From the perspective of emergence of rethinking behaviors like self-correction and backtracking, we investigate metrics that may determine the quality of long-CoT instructions. **SELECT2REASON** leverages a difficulty-aware reward model to estimate the learning value of questions and jointly incorporates a reasoning trace length-based heuristic through a weighted scheme for ranking to prioritize high-utility examples. Empirical results on OpenR1-Math-220k demonstrate that fine-tuning LLM on only 10% of the data selected by our method achieves performance competitive with or superior to full-data tuning and open-source baseline across nine competition-level mathematical benchmarks and four broader reasoning tasks. Further experiments highlight the scalability in varying data size, efficiency during inference, and adaptability to other instruction pools of **SELECT2REASON** with minimal cost.

1 Introduction

Large reasoning models (LRMs) (OpenAI, 2024; Guo et al., 2025; DeepMind, 2025), mark a significant leap in the complex reasoning abilities of large language models (LLMs). With the emergence of the long chain-of-thoughts (long-CoT) reasoning ability (Chen et al., 2025a), these models exhibit human-like behaviors such as exploration, verification, reflection, and correction, allowing them to autonomously derive multi-branch and multi-step

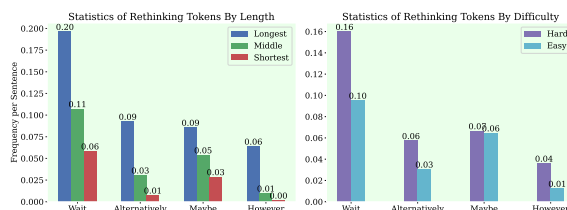


Figure 1: Statistics of rethinking tokens in reasoning trace. Longer reasoning traces exhibit a higher frequency of rethinking tokens in each step such as *Wait*, *Alternatively*, *Maybe*, *However*, which also occurs often in instruction with questions that are hard to solve.

solutions via deliberate planning and backtracking (Huang and Chang, 2022; Li et al., 2025c).

A practical approach to activate long-CoT reasoning ability in pre-trained LLMs is to perform supervised fine-tuning (SFT) on instructions synthesized by strong LRMs. Open-source projects (Hugging Face, 2025; Team, 2025; Liu et al., 2025) release over 100K such instructions respectively, yet large-scale SFT still entails significant costs. Recent work argues that the *quality* of CoT data, rather than *quantity* is more critical. LIMO (Ye et al., 2025) applies multiple rounds of sampling and filtering over tens of millions of problems and employs expert-designed solutions to curate a compact yet high-quality dataset of 817 samples. S1 (Muenighoff et al., 2025) depends heavily on API models and intricate data engineering pipelines tailored to optimize for quality, difficulty, and diversity, yielding 1k examples. Unfortunately, their metrics are based on qualitative heuristics without rigorous quantitative validation, and these carefully-curated pipelines are often not publicly available which impedes reproducibility and generalization.

Recently, research on instruction selection (Chen et al., 2023; Liu et al., 2023b; Lu et al., 2023; Zhang et al., 2024c; Yang et al., 2024c; Li et al., 2023a; Liu et al., 2024) has explored various aspects of data quality to automatically extract high-utility

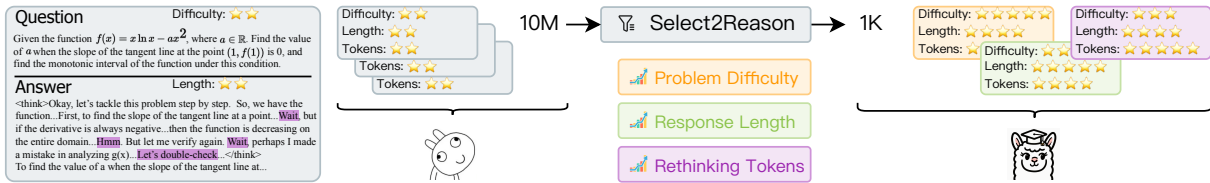


Figure 2: The brief pipeline of **SELECT2REASON** framework. With a large-scale instruction pool given, we select those data that can maximize the learning value of subsets via controlling the problem difficulty and reasoning trace length, which are motivated by the frequency of rethinking tokens during reasoning. The long-CoT reasoning ability of downstream model are activated after performing low-cost supervised fine-tuning on the instruction subset.

subsets from large instruction pools. However, the specific challenge of *instruction selection for long-CoT reasoning* remains largely unaddressed. We investigate the features that may determine the quality of long-CoT instructions. The emergence of rethinking behaviors in long-CoT traces is regarded as an *aha moment* for LRMs (Guo et al., 2025), indicating that the model learns to allocate more inference time toward self-correction and backtracking. Previous studies (Xie et al., 2025; Yeo et al., 2025) use the frequency of rethinking-related keywords as a proxy for reasoning quality, serving as a signal of the model’s internal thinking patterns. Similarly, s1 (Muennighoff et al., 2025) implements budget forcing by appending extrapolation strings like *Wait* to extend thinking process. We hypothesize that reasoning traces exhibiting more rethinking behaviors may serve as higher-quality instructions and offer greater training value. However, only qualitative keyword-based metrics cannot fully capture the complexity of reasoning patterns (Zeng et al., 2025), highlighting the need for quantitative evaluation metrics.

We investigate common metrics that may lead to higher frequency of rethinking tokens in long-CoT reasoning trace, and statistical analysis presented in Figure 1 reveals that *longer* reasoning traces exhibit more rethinking tokens in each step such as *Wait*, *Alternatively*, *Maybe* and *However*, which also occurs often in instruction with questions those are *hard* to solve. It can be concluded that the *length of the reasoning trace* in the response is a simple but tough-to-beat heuristic for selection. Furthermore, models trained on instruction subsets which are hard to solve by base model significantly outperform those trained on subsets with easy questions, aligning with the intuition in (Ye et al., 2025; Muennighoff et al., 2025) that more challenging instructions provide greater learning value. However, the challenge of *automated, difficulty-aware* instruction selection remains largely unaddressed.

To this end, we propose **SELECT2REASON**, a novel and efficient instruction-tuning data selection framework for Long-CoT reasoning. We leverage a difficulty-aware reward model to prioritize more challenging problems. Additionally, an instruction-response joint ranker that combines rankings based on difficulty and trace length controlled by a weighted scheme. We conduct extensive experiments across nine competition-level mathematical benchmarks to validate the efficacy. Built upon the OpenR1-Math dataset with 196K samples, **SELECT2REASON** selects the top 10% instructions to fine-tune the Qwen2.5-Math-7B-Instruct model. Our method not only surpasses baselines but also matches or exceeds models trained on larger datasets, such as the OpenR1-Qwen-7B (Hugging Face, 2025) with 94K samples and the DeepSeek-R1-Distill-Qwen-7B (Guo et al., 2025) with 800K samples, demonstrating its effectiveness. Ablation studies highlight the scalability of our approach under varying data sizes. Additionally, model fine-tuned on high-quality data selected by **SELECT2REASON** conducts more efficient exploration using fewer thinking tokens when generating solution with stronger performance. **SELECT2REASON** demonstrates strong generalization by enabling low-cost transfer to other long-CoT reasoning instruction pools like Chinese-DeepSeek-R1-Distill dataset (Liu et al., 2025) with 110K samples. Extensive case studies and visualizations support the effectiveness of our method.

Our contributions are summarized as follows: 1) We propose **SELECT2REASON**, a novel and efficient data selection framework for long-CoT instruction tuning. 2) We identify and validate key metrics including reasoning trace length and problem difficulty as strong heuristics for high-quality data selection. 3) We demonstrate remarkable performance on mathematical and broader reasoning benchmarks with lower training cost with verified scalability, robustness, and generalizability.

2 Problem Definition

Long-CoT Reasoning. We focus on the capability of LRMs to generate long-CoT reasoning traces for solving questions with verifiable answers. Given a question $q \in \mathcal{Q}$ and a model M parameterized by θ , the model is expected to generate a reasoning trace r including steps $\{s_1, s_2, \dots, s_n\}$, typically wrapped with `<think>` tokens, followed by a final answer $a \in \mathcal{A}$. Formally, the model outputs a pair $(r, a) \in \mathcal{R} \times \mathcal{A}$ such that:

$$f_M(q) = (r, a), \quad (1)$$

$$r = \text{<think>} s_1, s_2, \dots, s_n \text{</think>}$$

The quality of CoT reasoning trace is often characterized by the emergence of human-like behaviors such as planning, verification, reflection, and backtracking. High-quality reasoning traces exhibit these traits to navigate complex problem spaces and are more likely to converge on correct solutions.

Instruction Selection. Instruction-tuning data selection aims to identify an optimal subset of reasoning instructions from a large instruction pool. Given a reasoning instruction dataset $\mathcal{D}_p = \{I_i\}_{i=1}^N$, where each instruction $I_i = (q_i, r_i || a_i)$ includes a question, a reasoning trace, and a final answer, and a proposed evaluation metric suite $\pi = \{\pi_1, \pi_2, \dots, \pi_k\}$ (e.g., quality, difficulty), our objective is to select a subset $\mathcal{D}_s \subseteq \mathcal{D}_p$ of size at most K such that each selected instruction ranks among the top- K under the metrics:

$$\mathcal{D}_s = \{I \in \text{Top}_\pi^K(\mathcal{D}_p)\}. \quad (2)$$

The fine-tuning objective is performed on \mathcal{D}_s to update the model parameters θ , thus minimizing the following negative log likelihood loss:

$$\min_{\theta} \mathcal{L}(\theta, \mathcal{D}_s) = -\frac{1}{|\mathcal{D}_s|} \sum_{(q,r,a) \in \mathcal{D}_s} \log p_{\theta}([r; a] | q). \quad (3)$$

3 Exploration on Data Features

In this section, we examine several metrics that may influence the frequency of rethinking tokens and conduct preliminary experiments to assess whether the metrics correlate with performance improvements, providing insights for selecting high-quality long-CoT instructions for fine-tuning.

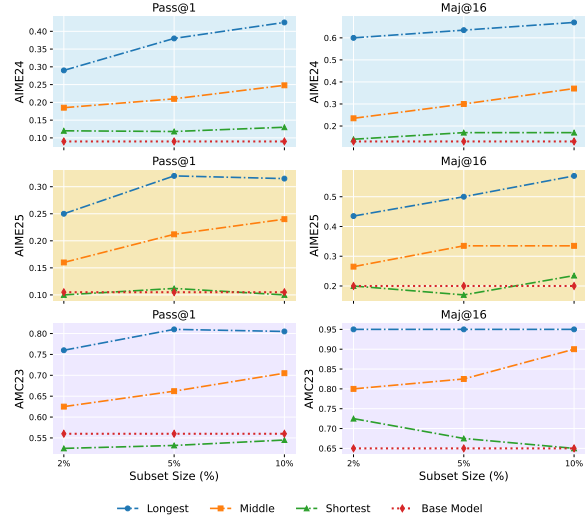


Figure 3: Performance across three expert-level mathematical benchmarks, using instruction subsets selected based on the length of reasoning traces, which are divided into the longest, the shortest and the middle.

Reasoning Traces with Varying Length. We present the first systematic evaluation of how the length of the reasoning trace impacts instruction selection efficacy. Specifically, we sort the full set \mathcal{D}_p by the reasoning trace length r , and construct subsets \mathcal{D}_L^k , \mathcal{D}_M^k , and \mathcal{D}_S^k corresponding to the top- $k\%$ longest, middle, and shortest traces, respectively, for $k \in \{2, 5, 10\}$. As shown in Figure 3, models fine-tuned on \mathcal{D}_L^k consistently outperform those trained on \mathcal{D}_M^k and \mathcal{D}_S^k across different dataset sizes. Notably, \mathcal{D}_M^k also yields positive gains over \mathcal{D}_S^k , highlighting a strong correlation between trace length and model improvement. While both \mathcal{D}_L^k and \mathcal{D}_M^k demonstrate scalable benefits with increasing subset size, the performance of model trained on \mathcal{D}_S^k remains marginal or even negative. In Figure 4, long reasoning traces incorporate more rethinking behaviors such as reflection, backtracking, and planning, and serve as higher-quality supervision signals. In contrast, short traces often omit substantive decision-making steps and, in some cases, explicitly bypass reasoning by using empty constructs like `<think>\n</think>`, rendering them ineffective. Figure 1 further confirm this point that longer reasoning traces exhibit a higher frequency of reflective steps that begin with patterns such as *Wait*, *Alternatively* or *Maybe*. Motivated by these findings, we adopt **the longest reasoning traces as a simple, effective, and low-cost heuristic for data selection**, thereby avoiding the overhead of the reliance on costly human expert annotations (Ye et al., 2025; Muennighoff et al., 2025).

Length of Reasoning Traces

Long Reasoning Trace

Q: Given the function $f(x) = x \ln x - ax^2$, where $a \in \mathbb{R}$. Find the value of a when the slope of the tangent line at the point $(1, f(1))$ is 0, and find the monotonic interval of the function under this condition.

A: <think>

[Problem Definition.]

Okay, let's tackle this problem step by step. So, we have the function $f(x) = x \ln x - ax^2$...

[Task Decomposition and Planning.]

...First, to find the slope of the tangent line at a point, we need the derivative of $f(x)$... Then, the derivative of $-ax^2$ is $-2ax$...

[Self Reflection.]

...Wait, but if the derivative is always negative except at $x = 1$ where it's zero, then the function is decreasing on the entire domain $(0, \infty)$. Is that possible?...

[Backtracking.]

...Hmm. But let me verify again. Wait, perhaps I made a mistake in analyzing $g(x)$. Let's double-check...

</think>

[Final Answer.]

1. To find the value of a when the slope of the tangent line at...

Short Reasoning Trace

Q: Calculate the sum of the numbers 6 and 4. Add the number 30 to this sum.

A: <think>

[No Self Reflection.]

...Let me do that step by step. 6 plus 4... that should be 10, right? Yeah, 6 plus 4 equals 10.

[No Backtracking.]

...So putting it all together: first sum 6 and 4 to get 10, then add 30 to get 40. I don't think I made any mistakes here.

</think>

[Final Answer.]

The sum of 6 and 4 is calculated first: $6 + 4 = 10$. Next, add 30 to ...

No Reasoning Trace

Q: $x, y \in \mathbb{R}^+$, $3x + 2y = 12$, maximize xy

A: <think>\n\n

[Thinking Terminate.]

</think>

[Final Answer.]

Given the constraint $3x + 2y = 12$, we aim to maximize...

Figure 4: Comparison of **Instructions with Varying Reasoning Trace Lengths**. Long reasoning trajectories incorporate more human-like behaviors such as reflection, backtracking, and planning, which serve as higher-quality supervision signals during fine-tuning. In contrast, short traces often omit substantive decision-making steps and explicitly bypass reasoning by using empty constructs like <think>\n</think>, rendering them ineffective.

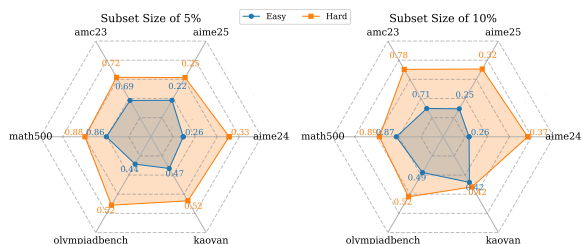


Figure 5: Pass@1 across six math benchmarks. Easy and hard examples for base model are selected for training, and the latter brings more learning value.

Difficulty of Question. Difficulty as a criterion for data selection is applied with the prevailing intuition being that more challenging questions offer higher learning value. The model performs inference over a sampled subset of instructions, and label instances as easy or hard based on whether the model successfully solves the question. This yields \mathcal{D}_E^k (easy) and \mathcal{D}_H^k (hard), for $k \in \{5, 10\}$. As shown in Figure 5, models fine-tuned on \mathcal{D}_H^k consistently outperform those trained on \mathcal{D}_E^k across six mathematical benchmarks in two data scales. This aligns with prior findings and our hypothesis that instructions with challenging question facilitate stronger supervision with richer training signals. Existing work (Ye et al., 2025; Muennighoff

et al., 2025) has not established quantitative criteria for identifying the difficulty of questions, thereby limiting the prioritization of hard problems and **leaving the challenge of automated, difficulty-aware instruction selection unaddressed.**

Diversity. Diversity has long been a central theme in instruction selection (Liu et al., 2023b; Lu et al., 2023; Yang et al., 2025; Ge et al., 2024). However, simple heuristics such as uniformly sampling from each domain offers no clear advantage over random selection for long-CoT reasoning instructions (Muennighoff et al., 2025). To further examine the role of diversity, we leverage *meta-data* from the Open-R1-Math instruction set where problems are categorized into topics like *algebra*, *geometry*, *calculus* and so on. We sample a domain-balanced subset \mathcal{D}_D^k and compare it against a randomly sampled one \mathcal{D}_R^k of the same size. As shown in Figure 11, the model fine-tuned on \mathcal{D}_D^k does not exhibit significant performance gains over the baseline, and in some cases, such as Major@16 on AMC 23, the performance curves nearly overlap. These results suggest that diversity may not contribute meaningfully for instruction selection in long-CoT reasoning, serving as a baseline only.

4 SELECT2REASON

We propose SELECT2REASON, an efficient instruction-tuning data selection method for long-CoT reasoning. Our method selects a compact yet high-utility subset from a large instruction pool by jointly modeling (i) question difficulty quantified by a reward model-as-a-judge and (ii) the effective length of reasoning traces after normalization.

4.1 Difficulty-aware Reward Model-as-Judge

Rollout-based Difficulty Signal. Instead of relying on static or heuristic difficulty annotations, we estimate question difficulty from the perspective of the base model. For each question q_i , we perform R Monte Carlo rollouts using the base model M , obtaining a set of candidate solutions $\{(r_i^{(j)}, a_i^{(j)})\}_{j=1}^R$, where we define the empirical solving accuracy with ground truth given as:

$$\hat{p}_{\text{solve}}(q_i) = \frac{1}{R} \sum_{j=1}^R \mathbb{I}[a_i^{(j)} = gt_i], \quad (4)$$

and convert it into a difficulty score $\text{diff}(q_i) = 1 - \hat{p}_{\text{solve}}(q_i)$, where higher values indicate questions that are more challenging for the current model.

Reward Model Training and Inference. Given that each question q_i in the supervision set already has an estimated difficulty label $\text{diff}(q_i)$ obtained from rollout-based evaluation, we directly train a reward model to predict this continuous difficulty value. We construct the supervision set $\mathcal{D}_s = \{(q_i, \text{diff}(q_i))\}$, where the reward model takes the question as input and learns to regress toward the target difficulty score. Formally, the model parameters θ are optimized by minimizing the negative log-likelihood:

$$\min_{\theta} \mathcal{L}(\theta, \mathcal{D}_s) = -\frac{1}{|\mathcal{D}_s|} \sum_{q_i \in \mathcal{D}_s} \log p_{\theta}(\text{diff}(q_i) | q_i), \quad (5)$$

where $p_{\theta}(\text{diff}(q_i) | q_i)$ denotes the predicted probability density assigned by the reward model to the target difficulty value.

After training, the reward model serves as an efficient *reward-model-as-judge* for difficulty estimation. During inference, each instruction in the pool \mathcal{D}_p is scored by the trained model to obtain a calibrated, continuous difficulty score.

4.2 Normalization of Reasoning Trace

Raw length of long reasoning traces may be inflated by repeated reasoning steps, e.g., verbatim restatements or looping thoughts. Given a reasoning trace $r_i = \{s_1, s_2, \dots, s_{n_i}\}$, where each s_k corresponds to a discrete reasoning step, we construct a normalized trace by removing steps that are exact duplicates of any previous step. Formally, a step s_k is discarded if $\exists j < k$ s.t. $s_k = s_j$. Let \tilde{r}_i denote the resulting deduplicated reasoning trace, and the normalized reasoning length is defined as $\text{len}_{\text{norm}}(r_i) = |\tilde{r}_i|$. This normalization penalizes trivial repetition while preserving genuinely distinct reasoning steps.

4.3 Joint Ranker for Instruction Utility

While we now have an efficient method to score questions via difficulty and responses via reasoning trace length, combining them in a principled manner remains a challenge. Inspired by prior work on multi-criteria ranking (Cao et al., 2023; Bukharin and Zhao, 2023), we aggregate rankings using a weighted scheme. Let $\text{rank}_d(I_i)$ and $\text{rank}_l(I_i)$ denote the rankings of instruction I_i by question difficulty and reasoning trace length, we define the joint ranking with a weighted scheme as:

$$\text{rank}_j(I_i) = w \cdot \text{rank}_d(I_i) + (1 - w) \cdot \text{rank}_l(I_i), \quad (6)$$

where a weighting factor $w \in [0, 1]$ controls the trade-off between rankings by difficulty and trace length. The final selected subset by our methods for training downstream base model is:

$$\mathcal{D}_{\text{SELECT2REASON}} = \left\{ I \in \text{Top}_{\text{rank}_j}^K(\mathcal{D}_p) \right\}. \quad (7)$$

5 Experiment Results and Analysis

Datasets and Experiment Settings. We adopt *OpenR1-Math-220k* (Hugging Face, 2025) as the data pool, which is a large-scale instruction set for long-CoT reasoning distilled from DeepSeek-R1 (Guo et al., 2025). We retained the portion containing the correct answers, approximately 196k samples. We employ *Qwen2.5-Math-7B-Instruct* (Yang et al., 2024b) as the backbone model. We adopt nine mathematics benchmark spanning multiple dimensions for evaluation, including three competition-level benchmarks which are AIME in 2024 & 2025, and AMC in 2023, and six comprehensive benchmarks

Table 1: Performance of SELECT2REASON on the *OpenR1-Math-220k* pool across nine benchmarks using Pass@1 (P@1) and Majority@16 (M@16) as metrics. We incorporate two open-source models and ablation baselines for data selection like filtering randomly, by diversity, by reasoning trace length and by problem difficulty for reference.

Target Model	Data	AIME 24		AIME 25		AMC 23		MATH	Olympiad	Kaoyan	GK 23	GK-Math	GK 24
QWEN2.5-MATH-7B	Size	P@1	M@16	P@1	M@16	P@1	M@16	P@1	P@1	P@1	P@1	P@1	P@1
BASE MODEL	-	0.090	0.133	0.106	0.200	0.558	0.650	0.842	0.394	0.472	0.649	0.781	0.637
R1-DISTILL-QWEN	800k	0.544	0.833	0.417	0.600	0.895	0.950	0.896	0.551	0.618	0.810	0.880	0.692
OPENR1-QWEN	94k	0.460	0.700	0.317	0.467	0.823	0.950	0.906	0.526	0.492	0.795	0.843	0.714
FULL-POOL	196k	0.465	0.700	0.352	0.600	0.816	0.950	0.894	0.560	0.382	0.800	0.783	0.615
RANDOM		0.331	0.600	0.267	0.367	0.753	0.950	0.878	0.510	0.467	0.740	0.789	0.626
DIVERSE		0.327	0.667	0.267	0.433	0.750	0.950	0.846	0.493	0.467	0.745	0.809	0.659
LONGEST	10%	0.425	0.667	0.312	0.567	0.805	0.950	0.898	0.535	0.548	0.795	0.892	0.747
DIFFICULT		0.410	0.633	0.312	0.433	0.787	0.925	0.886	0.530	0.533	0.787	0.866	0.703
SELECT2REASON		0.433	0.667	0.335	0.567	0.808	0.950	0.914	0.548	0.573	0.800	0.892	0.736

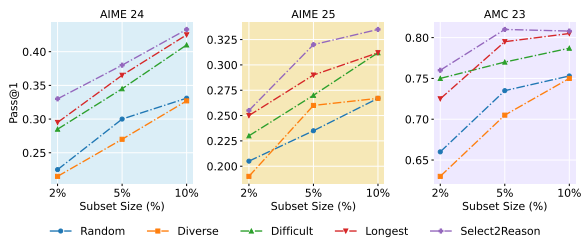


Figure 6: Performance across three benchmarks of baselines and our method in varying subset size.

such as MATH-500 (Hendrycks et al., 2021) and OlympiadBench (He et al., 2024) for math reasoning, and GAOKAO in 2023 & 2024 (Yang et al., 2024b), GAOKAO MATH (Yang et al., 2024b) and KAOYAN (Ye et al., 2025) in Chinese math. More details are provided in Appendix B and C.

Main Results. Table 1 presents the performance of SELECT2REASON across nine mathematics benchmarks. We compare against DeepSeek-R1-Distill-Qwen-7B (Guo et al., 2025), which is trained on 800k instructions, and OpenR1-Qwen-7B (Hugging Face, 2025) trained on 94k instructions. We evaluate four baseline selection strategies: *Random*, which samples instructions uniformly from the pool; *Diverse*, which performs clustering and balanced sampling based on category metadata; *Longest*, which selects instructions with the longest reasoning traces; and *Difficult*, which chooses top-ranked samples according to our difficulty quantifier. SELECT2REASON outperforms all baselines on most datasets, consistently achieving higher Pass@1 scores and matching the strongest baselines on Maj@16. Furthermore, the model trained on the subset filtered by SELECT2REASON surpasses both *Full-pool* mod-

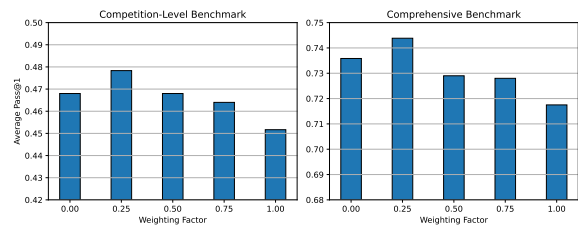


Figure 7: Average Pass@1 by adjusting the weighting factor of joint ranker in SELECT2REASON.

els and open-source models on MATH-500. Notably, our method maintains a strong lead over *Full-pool* training on nearly all comprehensive math benchmarks, with only a slight performance drop against the *Full-pool* on OlympiadBench. This reflects a limitation in the generalization of *Full-pool* setting, whereas training with a smaller, high-quality subset yields superior performance.

Performance of SELECT2REASON under different hyperparameter settings. Figure 6 presents a statistical analysis of performance variation for both the baselines and SELECT2REASON across different subset sizes (2%, 5%, and 10%) on three datasets. SELECT2REASON consistently maintains a leading advantage as the subset size increases, where the performance generally improves in a stable manner. Another critical hyperparameter is the weighted factor $w \in [0, 1]$ used in the joint ranker. Figure 7 shows the sensitivity analysis. When $w = 0$, the joint ranker degenerates to the length-based ranker; when $w = 1$, it becomes equivalent to the difficulty-based ranker. The best performance is achieved at $w = 0.25$, where the model fine-tuned on the top 10% subset reaches highest accuracy. This indicates that the joint ranker achieves an effective balance in controlling the trade-off.

Table 2: Generalizability of SELECT2REASON on the *Chinese-DeepSeek-R1-Distill-data* pool with 110k samples.

Target Model	Data	AIME 24		AIME 25		AMC 23		MATH	Olympiad	Kaoyan	GK 23	GK-Math	GK 24
QWEN2.5-MATH-7B	Size	P@1	M@16	P@1	M@16	P@1	M@16	P@1	P@1	P@1	P@1	P@1	P@1
BASE MODEL	-	0.090	0.133	0.106	0.200	0.558	0.650	0.842	0.394	0.472	0.649	0.781	0.637
FULL-POOL	110K	0.181	0.267	0.158	0.300	0.633	0.800	0.798	0.367	0.412	0.668	0.718	0.626
RANDOM		0.181	0.200	0.140	0.167	0.620	0.725	0.840	0.431	0.372	0.701	0.775	0.626
DIVERSE		0.176	0.233	0.144	0.233	0.618	0.750	0.822	0.416	0.377	0.692	0.770	0.641
LONGEST	10%	0.221	0.367	0.173	0.233	0.656	0.850	0.846	0.459	0.457	0.688	0.821	0.703
DIFFICULT		0.258	0.400	0.194	0.267	0.627	0.800	0.848	0.412	0.462	0.691	0.795	0.681
SELECT2REASON		0.242	0.400	0.206	0.367	0.689	0.825	0.860	0.450	0.462	0.699	0.840	0.703

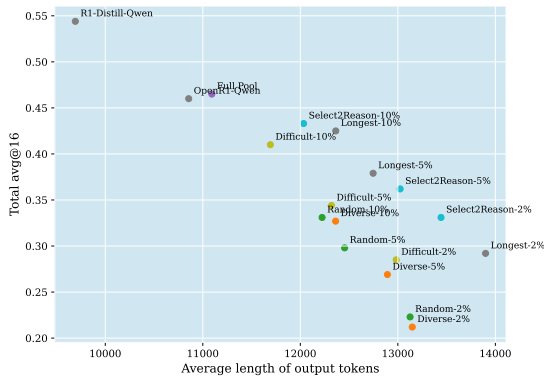


Figure 8: The relationship between models’ performance and output length on AIME 25. Model trained with high-quality data filtered by SELECT2REASON demonstrate a better reasoning efficiency.

SELECT2REASON improves long-CoT reasoning efficiency by sampling high-quality data.

The relationship between performance and output tokens on AIME 25 is illustrated in Figure 8. In contrast to the increasing response lengths observed during conducting pure RL (Guo et al., 2025), SFT exhibits a different distribution, where models with stronger performance tend to generate shorter outputs. This suggests that *models produce more efficient exploratory solutions when long-CoT reasoning is effectively activated*. Further analysis is presented in Figure 13, which shows the frequency of rethinking tokens used by fine-tuned models on AIME 25. The model trained on SELECT2REASON subsets consistently uses fewer rethinking tokens across all data sizes, supporting our hypothesis that it enables more efficient reasoning. A case study in Figure 10 illustrated that a model trained on low-quality instructions attempts to use a large number of rethinking tokens during inference, but exhibits limited effective reflection. In comparison, a model trained on higher-quality instructions corrects its reasoning path and reaches the correct solution with fewer rethinking steps.

Table 3: Comparison of Select2Reason (S2R) with prior works like S1.1 (Muennighoff et al., 2025) and LIMO (Ye et al., 2025) under different settings.

Model	Data Size	AIME 24	AIME 25	AMC 23
BASE MODEL	-	0.090	0.106	0.558
<i>Individual Corpus</i>				
Qwen2.5-S2R	982	0.283	0.237	0.728
Qwen2.5-S1.1	1k	0.225	0.198	0.669
Qwen2.5-LIMO	871	0.206	0.210	0.627
<i>Full Corpus of S1</i>				
Qwen2.5-S1.0 (FULL)	59k	0.224	0.169	0.588
Qwen2.5-S1.0 (1k)	1k	0.202	0.154	0.614
Qwen2.5-S1.0-S2R	1k	0.238	0.177	0.606

SELECT2REASON yields higher quality comparing with datasets in prior methods.

We conduct a comparative analysis with LIMO (Ye et al., 2025) and S1 (Muennighoff et al., 2025) in data quality. Specifically, we select approximately 1k long-CoT instructions from each synthesized data pool to evaluate performance across five benchmarks. As shown in Table 3, the model trained on instructions selected by SELECT2REASON consistently outperforms those trained on data selected by LIMO and S1.1. Furthermore, we apply SELECT2REASON to the full instruction pool used by S1.0, which comprises 59k examples with Gemini Flash Thinking responses (the full pool used by LIMO is not publicly available) to select a 1k subset, and again observe improved performance over the original selected 1k subset of S1.0.

SELECT2REASON demonstrates strong generalization capabilities by enabling low-cost transfer to other Long-CoT reasoning instruction pools.

To assess the generalizability of SELECT2REASON on *Chinese-DeepSeek-R1-Distill-data*, we directly apply the joint ranker trained on OpenR1-Math-220k. Results in Table 2 show that fine-tuning model on only the top 10% subset selected by SELECT2REASON outperforms baselines. Notably,

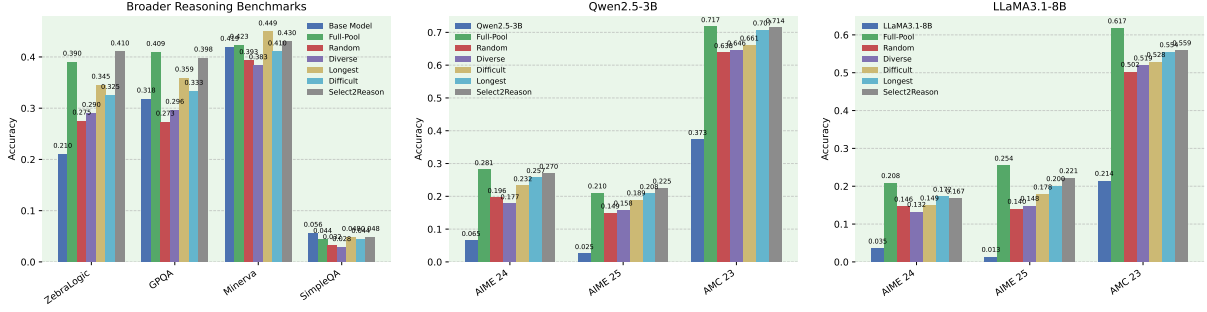


Figure 9: (a) Generalization of SELECT2REASON in broader reasoning tasks, including logical reasoning, scientific QA and commonsense QA. (b)(c) Generalization of SELECT2REASON across language models with smaller size like *Qwen2.5-3B-Instruct* and various language models like *LLaMA3.1-8B-Instruct*.

Table 4: Comparison of computational overhead in data selection between trained with full-pool dataset and high-utility subset filtered by SELECT2REASON.

Type	Data Size	Strategy	Time Cost	GPU Usage
<i>Open-R1-Math-220k</i>				
Full Pool	196k	Full-SFT	40 hours	8×40GB
Reward Model	4k	LoRA-SFT	10 mins	8×40GB
Difficulty Scoring	196k	Inference	11 mins	2×40GB
Length Ranking	196k	-	-	-
Select2Reason	19.6k	Full-SFT	10 hours	8×40GB
<i>Chinese-R1-Distill-110k</i>				
Full Pool	110k	Full-SFT	10 hours	8×40GB
Reward Model	-	Already	-	-
Difficulty Scoring	110k	Inference	3 mins	2×40GB
Length Ranking	110k	-	-	-
Select2Reason	11k	Full-SFT	3 hours	8×40GB

since this data pool contains a large proportion of generic, non-reasoning instructions, we conclude that this dilutes the model’s ability to acquire strong reasoning capabilities. Case studies of joint ranking are presented in Appendix G, despite not being trained on this specific instruction pool, the joint ranker still successfully identifies high-quality reasoning instructions, demonstrating the notable generalizability of SELECT2REASON.

SELECT2REASON demonstrates robust generalization across domains and model scales. Beyond the mathematical domain, we extend our evaluation to broader reasoning tasks, including logical inference, scientific QA, and commonsense reasoning. As summarized in Figure 9 (a), SELECT2REASON consistently achieves superior performance compared to baseline strategies, particularly on benchmarks such as ZebraLogic and GPQA, where long-CoT reasoning is essential. Furthermore, to assess robustness across model families and scales, we fine-tune two additional open-source models, *Qwen2.5-3B-Instruct* (Yang et al., 2024a) and *LLaMA-3.1-8B-Instruct* (Dubey et al.,

2024). The results in Figure 9 (b)(c) confirm that SELECT2REASON maintains its advantage across both smaller-scale models and different architectures. Specifically, while absolute performance decreases with model size, the relative improvements over baselines remain consistent, validating that the effectiveness of our method is not confined to a single model family or scale.

SELECT2REASON achieves significant training efficiency with minimal selection overhead. We conduct a detailed cost-benefit analysis of SELECT2REASON to assess its computational efficiency. As shown in Table 4, the total overhead introduced by the selection process is minimal compared to the cost of training on the full instruction pool. Notably, this results in a nearly 75% reduction in training time without compromising performance. Additionally, when applied to a new data pool, the judge model generalizes effectively without retraining, and the inference stage completes within 3 minutes. This demonstrates the transferability and amortized cost of the pipeline.

6 Further Analysis

Statistical analysis of diversity. To better understand the role of diversity in instruction selection, we conduct a statistical analysis based on the meta-data provided in the *Open-R1-Math* instruction pool. We compare the category distributions of the full data pool with those of subsets constructed using different selection strategies. The results are summarized in Table 5. We observe that the diversity-based sampling strategy enforces a near-uniform distribution across categories, substantially increasing the proportion of samples from tail domains such as Inequalities, Logic & Puzzles, and Other. While this improves coverage, it does

Method	Geo.	Alg.	Ine.	Comb.	Logic	Num.	Calc.	Other
Full-Pool	20.56%	46.67%	4.13%	9.26%	3.36%	10.37%	4.87%	0.77%
S2R-10%	32.22%	16.27%	4.06%	22.40%	5.58%	17.36%	1.60%	0.51%
Diverse-10%	13.61%	14.79%	12.66%	12.92%	12.62%	12.99%	12.71%	7.70%

Table 5: Category distribution (%) of different selection strategies.

Model	AIME 24	AIME 25	AMC 23
Qwen2.5-7B (Base)	0.090	0.106	0.558
Full-Pool	0.465	0.352	0.816
Select2Reason	0.433	0.335	0.808
S2R-Unnormalized	0.436	0.329	0.799

Table 6: Effect of normalization on reasoning trace.

not necessarily align with the intrinsic learning value of the data. In contrast, the subset selected by Select2Reason exhibits a more non-uniform distribution, reflecting a preference toward categories that provide stronger reasoning signals. These findings suggest that diversity alone may not be a sufficient criterion for effective instruction selection in long-CoT reasoning, motivating the need for jointly considering additional factors such as problem difficulty and reasoning trace quality.

Effect of normalization of reasoning trace. To further analyze the impact of normalization, we conduct an ablation study by comparing models trained on normalized (deduplicated) reasoning traces and unnormalized (raw) traces. Specifically, instead of applying the normalization described in Section 4 to remove duplicated reasoning steps, we directly use raw reasoning traces and their original lengths in the Select2Reason ranking component, and train models on the resulting selected subsets. The results are summarized in Table 6. We observe that training on unnormalized traces consistently yields slightly worse performance compared to the normalized counterpart. The performance gap is consistent and aligns with our hypothesis, by removing such duplicated steps, normalization produces a more faithful estimate of effective reasoning complexity.

Frequency of rethinking tokens as a metric. A natural question is whether the frequency or density of rethinking-related tokens can be directly used as a selection criterion, given that our motivation is partially grounded in the emergence of rethinking behaviors. To empirically validate this, we replace

Model	AIME 24	AIME 25	AMC 23
Qwen2.5-7B (Base)	0.090	0.106	0.558
Full-Pool	0.465	0.352	0.816
Longest	0.425	0.312	0.805
Difficult	0.410	0.312	0.787
Select2Reason	0.433	0.335	0.808
Rethinking-keyword	0.418	0.285	0.775

Table 7: Comparison between rethinking-keyword frequency and other selection metrics.

the trace-length heuristic with the frequency of four representative rethinking keywords and conduct controlled experiments. The results are shown in Table 7. Compared to length-based ranking and our full method, the rethinking-keyword metric consistently underperforms across benchmarks such as AIME 2024, AIME 2025, and AMC 2023. These findings suggest that keyword-based metrics are less stable and more prone to artifacts compared to trace length and difficulty. Therefore, in our framework, rethinking tokens are used only for qualitative interpretation and validation, rather than as direct optimization signals.

7 Conclusion

While recent large reasoning models exhibit remarkable long-CoT reasoning abilities, effective instruction selection remains an underexplored challenge. Our study identifies reasoning trace length and problem difficulty as strong and quantifiable heuristics for high-quality data selection. Building on these insights, we introduce SELECT2REASON, an novel and efficient instruction-tuning data selection framework. Extensive experiments demonstrates that models trained on selected subsets achieve superior performance with significantly less data, paving the way for cost-effective and high-quality long-CoT instruction tuning.

Limitations

Despite the promising results of SELECT2REASON in enhancing long-CoT reasoning capabilities, several limitations remain. First, due to constraints in computational resources and training costs, our experiments are primarily conducted on medium-scale models, and the scalability of our method to larger models remains to be explored. Second, the current study relies on existing instruction datasets, while automated instruction evolution strategies to improve data quality are yet to be developed. Finally, although our analysis reveals correlations between reasoning trace length, problem difficulty, and rethinking behaviors, the interpretability of how long-CoT capabilities are activated and how reflective reasoning emerges during SFT remains an open question for future work.

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Appendix

A Related Work

Reasoning of Large Language Models. LLMs demonstrate notable chain-of-thought (CoT) (Wei et al., 2022) reasoning capabilities that are critical for addressing complex tasks such as mathematical problem solving, coding, and logical inference (Huang and Chang, 2022; Chen et al., 2025a; Li et al., 2025c). Various efforts aim to enhance LLMs’ reasoning through different training stages. Previous works (Roziere et al., 2023; Shao et al., 2024) reinforce models to memorize reasoning patterns by injecting high-quality knowledge and rationales during pre-training. Furthermore, carefully curated datasets (Yu et al., 2023; Kim et al., 2023; Liu et al., 2023a) significantly boost complex reasoning performance through fine-tuning (Yuan et al., 2023). Some studies focus on scaling inference-time computation (Snell et al., 2024), such as employing self-consistency or reward-based verifiers to validate outcome or process on sampled candidate solutions (Wang et al., 2022; Lightman et al., 2023; Wang et al., 2023). Recently, researchers have observed planning and self-reflection behaviors in long-CoT responses of large reasoning models such as OpenAI-o1 (OpenAI, 2024), DeepSeek-R1 (Guo et al., 2025), Kimi-1.5 (Team et al., 2025), QwQ (Qwen Team, 2025) and Gemini Thinking (DeepMind, 2025), symbolizing a major breakthrough in complex reasoning. Open community projects (Hugging Face, 2025; Team, 2025) contribute by organizing synthetic datasets and distilling reasoning abilities from DeepSeek-R1 into smaller LLMs.

Instruction-Tuning Data Selection. Instruction-tuning data selection aims to identify high-utility subsets from large instruction pools to improve model performance and alignment. Early efforts emphasized human expert curation (Zhou et al., 2023), while recent work has explored automated selection using various metrics. GPT-based judgments of instruction-response quality are commonly used (Chen et al., 2023; Bukharin and Zhao, 2023; Liu et al., 2024; Zhang et al., 2024c; Li et al., 2025b), often enhanced with diversity signals (Liu et al., 2023b; Lu et al., 2023; Song et al., 2024; Yang et al., 2025; Chen et al., 2025b). Several studies leverage model-internal features such as loss (Li et al., 2023a; Du et al., 2023; Li et al., 2023b; Zhang et al., 2024b), gradients (Xia et al.,

2024; Pan et al., 2024; Zhang et al., 2024a), perplexity (Li et al., 2024b; Mekala et al., 2024), and linguistic features (Cao et al., 2023; Zhao et al., 2024) to assess sample utility. Techniques like weak-to-strong supervision (Yang et al., 2024c; Li et al., 2024b; Mekala et al., 2024) and expert preference-aligned scoring (Ge et al., 2024) further enrich the selection space. With the advent of large reasoning models, LIMO (Ye et al., 2025), LIMR (Li et al., 2025a) and s1 (Muennighoff et al., 2025) observe that training with a few carefully crafted reasoning examples can achieve remarkable performance, highlighting the necessity of efficient minimal supervision. However, automatic selection of long-CoT reasoning instructions remains unexplored, where criteria have not been designed and verified.

B Experimental Settings

We adopt **OpenR1-Math-220k** (Hugging Face, 2025) as the data pool, which is a large-scale instruction set for long-CoT reasoning distilled from DeepSeek-R1 (Guo et al., 2025) using math problems from NuminaMath (Li et al., 2024a). We retain part of them that lead to a correct answer about **196k**. We also adopt **Chinese-DeepSeek-R1-Distill-data** (Liu et al., 2025), an open-source dataset containing 110k Chinese instructions spanning mathematics, STEM, and general domains, with Long-CoT responses generated by DeepSeek-R1 for validating generalization. We employ **Qwen2.5-Math-7B-Instruct** (Yang et al., 2024b) as the backbone model to perform full parameters supervised fine-tuning on selected instruction subsets. We extend the model’s context length from 4,096 to 16,384 via RoPE (Su et al., 2024) scaling, increasing the RoPE frequency from 10k to 300k. We conduct experiments on a Linux server equipped with 8 A100-SXM4-40GB GPUs. Utilizing the LLaMA-Factory framework (Zheng et al., 2024), we set the sequence limit of 16,384, batch size to 1, gradient accumulation steps to 4, and learning rate to $5e-5$ with a warmup ratio of 0.1, followed by a cosine decay schedule towards zero. The training epochs is 3 for any size of subset. For the judge model, the rollout count is 4, and we apply the LoRA technique (Hu et al., 2022), with the rank of 16, alpha of 32, and dropout rate of 0.1, training for 1 epoch. We utilize DeepSpeed ZeRO-3 (Rajbhandari et al., 2020) and FlashAttention2 (Dao, 2023) to accelerate computations.

C Evaluations Settings

We adopt nine mathematics benchmark spanning multiple dimensions for evaluation, including three competition-level benchmarks which are AIME in 2024 & 2025, and AMC in 2023, and six comprehensive benchmarks such as MATH-500 (Hendrycks et al., 2021) and Olympiad-Bench (He et al., 2024) for math reasoning, and GAOKAO in 2023 & 2024 (Yang et al., 2024b), GAOKAO MATH (Yang et al., 2024b) and KAOYAN (Ye et al., 2025) to validate the generalization capability in Chinese math. For broader reasoning tasks, we include GPQA (Rein et al., 2024), Minerva (Lewkowycz et al., 2022), ZebraLogic (Lin et al., 2025) and SimpleQA (Wei et al., 2024). Following (Yang et al., 2024b; Guo et al., 2025), the system prompt for evaluation is *Please reason step by step, and put your final answer within \boxed{}*. For three competition-level mathematical benchmarks, 16 solutions per problem are sampled to mitigate fluctuations due to the limited number of questions, setting temperature to 0.6 and top_p to 0.95. For benchmarks like challenging mathematics and Chinese mathematics, we employ greedy decoding by setting temperature to 0 and top_p to 1, sampling only one solution per problem to compute accuracy. Correctness is verified using a rule-based evaluation framework (Ye et al., 2025), assessing numerical and formulaic accuracy. Scores are calculated referring to (Yang et al., 2024b), yielding metrics including pass rate (Pass@1) and majority voting accuracy (Maj@16). We use the vLLM inference engine (Kwon et al., 2023) to achieve inference acceleration, where sequence is limited to 16,384.

D The Usage of Ai Assistants

During the completion of this thesis, the scenarios involving the usage of Ai Assistants included: using code-completion tools to assist with experiments, and using ChatGPT to polish the draft after the initial writing was completed. Ai Assistants were not involved in any aspects such as the development of research ideas, literature review, statistical analysis and so on.

E Case study of Efficient Exploration

A case study of efficient exploration in reasoning on AIME 25. The emergence of more rethinking tokens in long-CoT reasoning does not lead to improved efficiency. In contrast, stronger LLMs reach the correct reasoning trace more efficiently.

Case Study of Efficient Exploration in Reasoning

Question:
 Suppose $\triangle ABC$ has angles $\angle BAC = 84^\circ$, $\angle ABC = 60^\circ$, and $\angle ACB = 36^\circ$. Let D, E, F be the midpoints of sides BC, AC, AB , respectively. The circumcircle of $\triangle DEF$ intersects BC, AC, AB at points G, H, J , respectively. The points G, D, E, H, I and F, S divide the circumcircle of $\triangle DEF$ into six minor arcs, as shown. Find $\widehat{DE} + 2\widehat{HG} + 3\widehat{IJ}$, where the arcs are measured in degrees.

Long-CoT Reasoning with Low-Efficiency:

<think>
 Okay, so I need to find the sum of some arcs on the circumcircle of triangle DEF. Let me start by understanding the problem step by step.
 ...
 Alternatively, consider that $84^\circ + 60^\circ + 36^\circ = 180^\circ$, but the combination $DE + 2*HG + 3*FG$ equals 312° , which is $84*4 - 12^\circ$, not helpful.
 Alternatively, maybe the answer is $3*(84^\circ + 60^\circ + 36^\circ) - 120^\circ$, but that's $432 - 120 = 312$, again not helpful.
 Alternatively, perhaps the answer is $2*(180^\circ) - 180^\circ + 36^\circ$, which is 36° , but that doesn't align.
 ...
 Alternatively, maybe I made a miscalculation. Let's check:
 $DE = 84^\circ, HJ = 60^\circ, FG = 36^\circ$.
 $DE + 2*HJ + 3*FG = 84 + 2*60 + 3*36 = 84 + 120 + 108 = 312^\circ$.
 Yes, that's correct. However, 312° is equal to $360^\circ - 48^\circ$, which might relate to the orthic triangle or something else, but I can't see the connection.
 Alternatively, maybe the answer is 180° , considering that in some configurations, the sum of arcs can be 180° , but I can't see how.
 ...
 Given that, after careful consideration and multiple approaches, I think the answer is 312° , but since this is a competition problem, it's likely that the answer is a nice number related to the original angles. However, given the combination $84 + 2*60 + 3*36$, which yields 312 , I think that's the correct answer. </think>
Long-CoT Reasoning with High-Efficiency:
 <think>Okay, so I'm trying to solve this geometry problem about triangle ABC with given angles, midpoints, and intersections on its circumcircle.
 ...
 Alternatively, perhaps recognizing that in triangle ABC, the centroid G divides the median in ratio 2:1, so the power of point G with respect to the nine-point circle might be useful.
 Alternatively, perhaps using spiral similarity.
 But perhaps stepping back, given the approximate measures, the total is around 334.5° , which is close to 360° . But the problem expects an exact value, likely an integer degree measure.
 Given the initial angles are multiples of 6° , the answer is likely multiple of 6° , perhaps 360° - something.
 But wait, 334.5° is approximately 334.5° , which is $360 - 25.5^\circ$, but not particularly meaningful.
 Alternatively, maybe the exact values are $72^\circ, 24^\circ, 72^\circ$, leading to $72+48+216=336^\circ$, which is 336° , close to our approximate 334.5° , but not exact.
 Alternatively, perhaps there's a miscalculation in the approximate measures.
 Wait, let me re-examine the central angles.
 For arc DE, between D and E, $v_D = (0.2498, 0.3445), v_E = (-0.2502, 0.3445)$.
 ...
 If that's the case, then:
 $\text{measure}(\text{arc DE}) = 2^\circ \text{ angle at } C = 72^\circ$
 $\text{measure}(\text{arc HJ}) = \text{angle at } B = \text{angle at } C = 24^\circ$
 $\text{measure}(\text{arc FG}) = 2^\circ \text{ angle at } C = 72^\circ$
 Thus, the expression $\text{measure}(\text{arc DE}) + 2 * \text{measure}(\text{arc HJ}) + 3 * \text{measure}(\text{arc FG}) = 72 + 2 * 24 + 3 * 72 = 72 + 48 + 216 = 336^\circ$.
 So, 336° , which is $360^\circ - 24^\circ$, which is angle at B.
 So, maybe that's the exact value.
 Thus, boxed, it's $\boxed{336}$.

Figure 10: A case study of efficient exploration in reasoning on AIME 25.

F Diversity of Instruction

Performance across three expert-level benchmarks. Subset size refers to the proportion selected from data pool by length reasoning trace, either diverse or random.

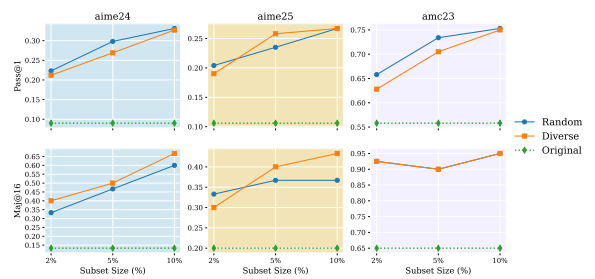


Figure 11: Performance across three expert-level benchmarks of selection by diversity.

G Case study of Chinese-DeepSeek-R1-Distill-data.

Case study of joint ranking in Chinese-DeepSeek-R1-Distill-data

Instruction: (Difficulty Score: 0.7549)
 已知数列 $\{a_n\}$ 满足 $a_1 = 1, a_n = \frac{1}{n} \sum_{k=1}^{n-1} a_k$ 对所有 $n \geq 2$ 成立。求 $\sum_{n=1}^{2024} \frac{1}{n} a_n$ 的值。

Response: (Length of Reasoning Trace: 6427)
 <think>好，我现在要解决这三个问题，先从第一题开始吧。
 Alright, I'll start solving these three problems, beginning with the first one.
 ...
 ...Note that the first term's dependency on \sqrt{n} needs attention. Clearly, for each \sqrt{n} , aside from $\sqrt{4}$, the rest is constant, so the sequence is geometric. Thus, problem (2) is proven.
 ...
Instruction: (Difficulty Score: 0.1824)
 Nina 想用一个新视频游戏。游戏的售价是 50 美元。Nina 还了解到有 10% 的销售税。她每周收到 10 美元的零用钱，并认为她可以存下钱。她需要存多少钱才能买得起这个游戏？

Response: (Length of Reasoning Trace: 340)
 <think>好的，我现在在帮 Nina 计算需要存多少钱才能买得起这个游戏。
 Alright, let's calculate how many weeks Nina needs to save to buy that video game.
 ...
Instruction: (Difficulty Score: 0.0420)
 绿豆芽的颜色是怎样的？

Response: (Length of Reasoning Trace: 501)
 <think>好的，用户问的是绿豆芽的颜色。首先，我需要确认自己对绿豆芽的了解。
 The user is asking what color mung bean porridge is. First, I need to confirm my understanding of it.
 ...
 ...To summarize, the color of mung bean porridge is usually light yellow-green or light brown, depending on how it's cooked, the water quality, and the method used. </think>

Figure 12: Case study of data selection by joint ranker in Chinese-DeepSeek-R1-Distill-data

H Reasoning Efficiency

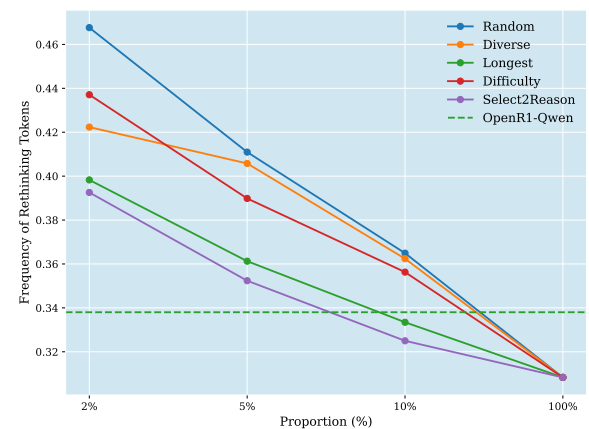


Figure 13: Relationship between performance on AIME 25 and output length.